Handbook for Accepted Students

Danenberg Oberlin-in-London Program
Oberlin College
Spring 2014

Biology and English in Britain

Read this carefully, do the items on the checklist, turn in the accompanying forms, and share with your family. Take this handbook with you to London.

This handbook is also available on the program website, www.oberlin.edu/london.

The information in this Handbook is current at the time of writing and is provided in good faith. However, Oberlin College takes no legal responsibility for any omissions or errors. This is a living document; please send comments or corrections to london@oberlin.edu.

revised Sept 2013
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Greetings from the Resident Director

Dear Oberlin Students,

Let me extend a warm hello to anyone reading this Handbook who has been accepted to study in London on the Danenberg Oberlin-in-London Program. I write to you as the London Director of the program to introduce myself and this important handbook of information as you prepare to travel to London.

The Danenberg Oberlin-in-London Program aims to fulfill the promise contained in its very name. That is, it strives to combine the best features of a small liberal arts college – accessible faculty dedicated to scholarship and to teaching, working closely with students eager for an education that privileges critical thinking, open-minded inquiry and high academic standards – with the resources of one of the most culturally rich and humanly diverse cities on the planet.

Students can thus expect an academic program tailored to combine classroom-based study with experiential learning. How this happens varies with the design of each year’s program. But what programs will have in common is a commitment to use London, and sometimes also the wider UK, as a classroom. This means that such things as field trips, visits, theatre performances, concerts, walks, speakers, and independent projects that make use of London’s myriad opportunities will be planned to complement lectures, discussions and readings.

Beyond the structured opportunities for learning presented by the Oberlin-in-London Program there lie the wider possibilities of life in London. This is your chance to put down roots in a major world city and to start to make it your own. Whatever your enthusiasms may be, London will offer you opportunities to pursue them. Even better, you may discover new enthusiasms. What is certain is that London is an inexhaustible treasure-house, a wide-open, three-dimensional encyclopedia of human life, history and culture. If you don’t believe me, get busy now on the internet: use your research skills to discover the sorts of venues, groups, activities and events – mainstream and specialist – that London has to offer.

I greatly look forward to meeting you in London one day soon and to sharing my love of this astonishing city. Please feel free to be in touch with me before then if, having read this handbook, you have more questions.

Note also that, while every effort has been made to check the accuracy of the information provided below, things in London change all the time. Phone numbers may be out of date, organisations may have folded, etc. If you spot inaccuracies in this handbook, please let me know!

With very best wishes,

Dr. Donna Vinter
Resident Director
Checklist of important tasks

Don’t use this checklist as a substitute for careful reading of other information and future bulletins, daunting as that may seem! You are responsible for reading, accepting and acting upon ALL the information we send.

___1. Obtain a passport, or make sure the one you have is up to date. If you already have a passport, make sure that it is valid for at least 6 months after the END of your stay in the UK. If you have questions about applying for a passport, visit the following website: www.travel.state.gov/passport. Start work on this immediately. It can take a good many weeks, and the documents you need to submit for a passport have to be originals or certified copies.

___2. Leave a photocopy of the identifying pages of your passport at home.

___3. Make another photocopy of the identifying pages of your passport to leave in our London office, once you get there.

___4. By Wednesday, October 30, complete and return the “Euracom Booking Agreement” to Karen Barnes. (This includes giving a credit card number from which Euracom will take a £550 deposit. The deposit will be deducted from your account on or about Dec. 15. If a deposit proves difficult for you or your family, please consult with the chair of the program; it may be possible for the college to advance this and add it to your spring term bill.) A copy of this document is included here as an appendix for reference when you are in London.

___5. By Wednesday, Nov. 20, read and sign the green “Waiver of Liability” form and return to Karen Barnes, King 105.

___6. By Wednesday, Nov. 20, complete and return the “Personal Data Questionnaire” to Karen Barnes, King 105.

___7. By Wednesday, Nov. 20, complete an Oberlin “ENR/Enrolled-Not-In-Residence” application and return to Karen Barnes, King 105. Your enrollment on the Program depends on the information being received.

___8. Make sure you have received your original signed letters, one signed by Donna Vinter, the other by Dean Babyak. You will get these in December from Karen Barnes. Keep them with your passport and flight information. It is essential that you carry all of these to be readily available for immigration officials when you enter Britain (i.e., don’t pack them in your luggage).

___9. Register for London courses before you leave campus. You will be given consent to register for the courses, but you must actually register for them.
10. Check your financial status with Student Accounts, Financial Aid Office, etc., to ensure that you will not have any outstanding bills at Oberlin College at the time you arrive in London, and that payment of next semester’s bill has been arranged.

11. Complete your paperwork for financial aid awards well in advance. In particular, request an electronic transfer on the Stafford Loan application. Stop by the Financial Aid Office to sign a promissory note for the Perkins loan.

12. Pick up and fill out a degree application form from the Registrar’s Office if you will be graduating at the end of the semester.

13. Speak to the Housing Coordinator if you are uncertain how the housing selection process will work for people who are off campus on ENR status.

14. Buy a round-trip plane ticket to London. A one-way ticket is not acceptable. The Immigration Officer will want to see evidence of when you plan to leave the UK. NOTE: You are strongly recommended to avoid booking cheap flights that take you to London via Dublin. Coming via Dublin means that you will arrive in London via a domestic flight and will not receive a UK passport stamp; therefore you will not have any formal immigration status. If you do come via Dublin, you must take responsibility for finding a UK Border Agency officer at the airport who can stamp your passport (but this can be very difficult to do). If you don’t succeed in doing this on first entry into the UK, you will have to leave the UK and re-enter before you can validly participate on the program. See “Schedule” below for guidance about arrival and end-of-program dates. To find the best airfare available, you should check and compare on the following websites: https://www.kayak.com/flights; http://www.farecompare.com/; http://www.bing.com/travel/; http://www.studentuniverse.com/ (which often offers special student rates).

15. If you are not an American or UK citizen, OR if you are a dual citizen or the holder of a green card, you may need a visa along with your passport to enter Great Britain. Check with your embassy or the British consulate (www.britanusa.com) to see what you may need. If you are an American citizen, you do not need a visa.

16. Provide your travel information on the Google Docs spreadsheet that will be shared with you by January 15th at the latest. With this information, you may discover that there are fellow Obies on your flight with whom you can arrange transport from the airport into London.

17. Make arrangements for any medical check-ups, transfer of health records, filling of prescriptions, etc. Check whether you need additional vaccinations. You are advised in particular to be sure to be up to date on both meningitis and hepatitis B vaccines. A flu shot is also strongly recommended.
____18. Make appropriate arrangements for accessing funds while you are in London. See below, Getting money to London.

____19. Make a budget. Use the information you have gathered about what you would like to do while abroad and the information provided in this handbook concerning costs, and make a realistic budget for yourself. And then make a plan for how you are going to stick to it.

____20. Make arrangements with a friend to act as your proxy for housing and other campus matters while you are in London. Forms will be sent to you in London for anything that cannot be done electronically, but it’s useful to have a proxy on campus as well.

____21. Make sure a family member has all the relevant telephone numbers and addresses for reaching you in an emergency. Remind them about the five-hour (east coast) time difference. A phone call at 3 am London time needs to be an emergency – especially if made to the Resident Director!

____22. Make absolutely sure the London Resident Director (d.vinter@imperial.ac.uk) has contact information for you for the winter break period. It may be necessary to contact you in a hurry and right at the last minute. During this time, consider whether anything needs to be updated since you filled in the personal data questionnaire.

____23. Have a digital passport-type photograph of yourself available. The Resident Director will be sending you information about how to apply for a London Transport Student Oyster Card, entitling you to 30% off the cost of Weekly or Monthly Travelcards in London (for underground and bus travel). You will need a digital photograph in order to make this application.

____24. Consider your travel plans while in the UK. Eurail passes can only be purchased in America, not in Europe. The earlier the purchase, the cheaper the ticket for the Eurostar (the Channel tunnel train) and most of the cheap airlines. Youth hostels, which can provide the best cheap accommodation, can book up fast, particularly in cities. Do some research so that you can make the best of your opportunities.

____25. Prepare for your London experience: do some reading! You will enjoy and profit from your experience more if you have prepared. See below “Suggested Reading” for some titles, both fiction and non-fiction. Use the internet to see what issues are current in the British media. The websites of the BBC and Channel Four News are good places to start, as are those of major newspapers, such as The Guardian, The Independent, and The Times. (These are linked from the London Program website.) Also take some time to look at maps of the city where you will be living and studying.
General Information

Semester schedule

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
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<tbody>
<tr>
<td>Tuesday, 28 January</td>
<td>Fly to London (flights leave the US in the early evening to arrive the UK the next morning)</td>
</tr>
<tr>
<td>Wednesday, 29 January</td>
<td>Arrival in London</td>
</tr>
<tr>
<td>Friday, 31 January to Sunday 2 February</td>
<td>MANDATORY ORIENTATION</td>
</tr>
<tr>
<td>Monday, 3 February</td>
<td>Classes begin</td>
</tr>
<tr>
<td>Saturday, 15 March to Sunday 23 March</td>
<td>Spring Break (note: not the same dates as Spring Break in Oberlin)</td>
</tr>
<tr>
<td>Thursday, 1 May</td>
<td>Last day of classes</td>
</tr>
<tr>
<td>Monday, 5 May</td>
<td>Program ends. Recommended departure date. You will need time to clean your flat and tie up loose ends after the completion of the semester. This is the day when pre-arranged housing contracts will end.</td>
</tr>
</tbody>
</table>

Office and classrooms

The Danenberg Oberlin-in-London Program leases space from the Florida State University London Study Centre, at 99-103 Great Russell Street, near the British Museum in the Bloomsbury district of central London. We have a program office and use of a classroom. Students also have the use of the small Study Centre library, two computer labs (open 24 hours a day), a small student lounge, and a quiet study area. The Oberlin office is Room 29.

The FSU London Study Centre also leases space to the study abroad programs of several other American colleges and universities, including, for example, at present Grinnell College, Drew University, Colgate University, the University of Iowa Law Program, and SUNY Binghamton.

The building is open to students and monitored by security staff 24 hours a day, seven days a week. Students will receive a swipe card, with a photo ID, which will provide access to the building. **For security reasons, this swipe card must be worn at all times that students are in the building.**

The website for the FSU London Study Centre is [http://international.fsu.edu/london](http://international.fsu.edu/london).

Directions to the Program office

The nearest Underground station is **Tottenham Court Road**, on the Northern and the Central lines. Take Exit 3 from the station and follow signs for the British Museum. Your route will take you straight ahead at the top of the stairs, past the Dominion Theatre, and then first right onto Great Russell Street. The FSU building is a block and a half down Great Russell Street, on the north side of
the street (i.e. your left hand as you walk towards the British Museum). The main entrance is at no. 99.

➢ **Mail at the Program office**

Students may receive mail, both letters and packages, at the address below.

- Oberlin-in-London Program
- c/o FSU Study Centre
- 99-103 Great Russell Street, Office 29
- London WC1B 3LA

Be sure to ask that “Oberlin-in-London” be included as part of your address when things are sent to you. If you would like to send packages to yourself in London c/o the teaching site, please be sure that they do not arrive before mid-January.

There is one exception to the above! FSU will no longer sign for or take delivery of student packages sent via FedEx. The reason for this is that there is often a customs or waybill charge to be paid, which FedEx does not disclose at the time of delivery. FSU has received many requests from FedEx for payment after the student has left London. **Students should therefore have their packages sent via UPS, DHL, or Parcelforce.**

➢ **Student regulations**

Students on the Oberlin-in-London Program are expected to follow all academic and student conduct policies as outlined in the Oberlin College Course Catalog and the Student Regulations, Policies and Procedures, available at [http://new.oberlin.edu/office/dean-of-students/conduct/](http://new.oberlin.edu/office/dean-of-students/conduct/)

Life in London will demand responsibility and maturity and the London Program Committee has accordingly adopted the following statement:

> “Behavior which, in the judgment of the London Program Director and faculty, substantially impedes the educational experiences of that student or other program participants may result in the removal of the student from the program. In such instances and where appropriate, reasonable efforts will be made to enable the student to complete the semester on the Oberlin campus.”

➢ **Contact information**

In Oberlin

<table>
<thead>
<tr>
<th>Nicholas Jones</th>
<th>Roger Laushman</th>
</tr>
</thead>
<tbody>
<tr>
<td>Professor of English</td>
<td>Professor of Biology</td>
</tr>
<tr>
<td><a href="mailto:Nicholas.Jones@oberlin.edu">Nicholas.Jones@oberlin.edu</a></td>
<td><a href="mailto:Roger.Laushman@oberlin.edu">Roger.Laushman@oberlin.edu</a></td>
</tr>
</tbody>
</table>
In London

<table>
<thead>
<tr>
<th>Oberlin-in-London Program</th>
<th>Prof. Donna Vinter, Resident Director</th>
</tr>
</thead>
<tbody>
<tr>
<td>c/o FSU Study Centre</td>
<td><a href="mailto:d.vinter@Imperial.ac.uk">d.vinter@Imperial.ac.uk</a></td>
</tr>
<tr>
<td>99-103 Great Russell Street, Office 29</td>
<td>Tel. +44 20 7419 1178 (Oberlin Office)</td>
</tr>
<tr>
<td>London WC1B 3LA</td>
<td>+44 20 7813 3265 (Grinnell College Office)</td>
</tr>
<tr>
<td>Tel. +44 20 7419 1178</td>
<td>+44 20 8995 0049 (Home)</td>
</tr>
<tr>
<td></td>
<td>+44 (0)7754 182 389 (Mobile: emergency use only)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>FSU Study Centre Reception Desk</th>
<th>Please don’t ask Reception Desk staff to take messages unless it’s extremely urgent. Several hundred students use this building.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Head Receptionist: Janice Moody</td>
<td>Tel. +44 (0)20 7813 3223</td>
</tr>
<tr>
<td>Fax. +44 (0)20 7813 3266</td>
<td></td>
</tr>
</tbody>
</table>

- **Emergencies in London & Europe**

  The UK emergency number is 999. An emergency is when a crime is happening, someone suspected of a crime is nearby, someone is injured, being threatened or in danger. Use 999 to call police, ambulance or the fire brigade in such an emergency. 999 calls are free of charge.

  The European emergency number is 112. It operates just like 999, and will also work in the UK. Calls to 112 are also free of charge.

- **Phoning the UK from the US**

  The full string of numbers to phone, for example, the Oberlin office is: **011 44 20 7419 1178**

  “011” puts you through to the international system. “44” is the UK “country code” in that system. The numbers that follow are London-specific numbers.
Phoning within the UK

Unlike in the US, UK telephone numbers clearly distinguish between mobile phone and landline numbers. All mobile phone numbers begin ‘07’. London landline numbers begin ‘020’, normally followed by either a ‘7’ or an ‘8’, and then 7 more digits. Many organisations, helplines, etc. have numbers beginning ‘0800’, ‘0844’ or ‘0845’.

a) To phone a London landline from outside London, you need to use the full London number: 020 7419 1178. Note that the first “0” drops out when you are phoning from abroad.

b) To phone any landline in London or outside London from a mobile phone, you need to use the full number: 020 7419 1178.

c) To phone a mobile phone from another mobile phone or from a landline, you need to use the full number: 07754 182 389.

Phoning the US from the UK

The full string of numbers begins with “001,” then the area code, then the seven-digit number.

Housing

Housing is arranged by Euracom, a provider of pre-arranged flats for American students in London. The college has a long-standing relationship with Euracom; the flats are central, safe, secure, and reasonably well equipped. Utilities are included, so there are no extra costs apart from an end-of-tenancy cleaning charge. There is a property manager to deal with maintenance and emergencies. The group sizes that these agents are used to working with range from around 3 to around 8. A 4- or 6-person flat would be most common.

The College makes no representations or warranties and accepts no responsibility regarding the suitability and safety of any housing arrangement entered into by a student.

Description of Euracom flats

The group of flats we are currently using house 4 or 5 students each. The flats vary in layout, but a three-bedroom flat for 5 students might have two twin bedrooms and a single. Most students will need to have a roommate. Beds are twin or double, but are allocated one person per bed. Unless specifically requested, all flats have a maximum of two beds in each bedroom. Occasionally students may want a triple room and, subject to the size of the room, this may be possible. There is a kitchen, a lounge/dining area, and at least one bathroom. The flats vary in amenities, but overall they should be comparable in quality.

All of the flats are centrally located within easy reach of Bloomsbury. In 2013 all flats that Euracom offered were in Zone 1 of the London Underground, within easy reach of our headquarters.
There is a property manager who is available to deal with any maintenance issues that occur. Students should let the property manager know about any damages or breakage when they occur so that the necessary repairs or replacements can take place. The inventory provided on arrival will be rechecked on departure.

The flats are in safe areas and reasonably well equipped. The kitchen has all the basic items like pots and pans, plates, glasses and cutlery (in various qualities); sometimes there are extra appliances such as a coffee maker, hot pot or rice cooker. The amenities vary by flat but should include a dining table, TV plus VCR and/or DVD, oven/stove, microwave, fridge, as well as linens and towels. Washer and dryer may be in the flat itself or in the building for shared use. (This may also be an additional cost.) Internet access is provided.

The rent will be billed through Oberlin on your spring term bill.

**Some important points:** You don’t see the flat before you commit to it. Any flats routinely used by students are likely to be well worn and, while there is a maintenance staff, repairs can take time. Few flats come with desks, though they do have a dining room table. As with almost all providers of such flats, Euracom has strict rules against overnight guests. The actual contract that each student enters into with Euracom will be written out on the Booking Agreement; **you should read this very carefully.**

**Costs and deposits**

Projected cost for spring 2014: £198 per week per person for 3 to 6 persons sharing a flat. **Included** in that cost are utilities, including internet service. Flats are priced per flat, and therefore if only 2 students choose to live in a 4 person flat they would have to pay for full occupancy. There is a deposit of £550 from each student paid in advance with the booking agreement form (the form is due October 30, but the deposit is not drawn from your credit card until mid-December), which is refunded (minus cleaning and damages) some 8 to 10 weeks following the end of the semester. This is because of the delay in obtaining all the final utility readings, which are assessed quarterly in the UK.

At the end of the stay there is an end of tenancy cleaning charge which is typically £280 for a 2 bedroom flat and £380 for larger flats. This is divided equally among the residents of the flat and deducted from the deposit at the end of the stay. Any damages will also be deducted from the deposit and again divided equally among the flat residents.

The telephones in the flats have a call barring facility and therefore students will not be able to make outgoing telephone calls unless they are to toll-free numbers (0800), emergency services (999), or non-emergency help services (101). Students will, however, still be able to receive incoming calls. If you choose to purchase an International Calling Card make sure this has a Freephone access number so that it can be used from the telephone in your flat as needed.

**Application procedure**

Once the London students are all selected, students will be helped to divide themselves up into suitably-sized and hopefully compatible groups. We will honor your preferences as far as possible, but some flexibility will be required in order to place everyone in a housing group.
Once Euracom has assigned you to a suitable flat, they will return the signed Booking Agreement form to you, with your London address and other relevant details.

**Euracom billing**

As indicated above, students will need to pay the deposit to Euracom in advance, but the rent will be charged to your spring term bill, which you’ll pay at the usual time. (Financial aid will of course be credited to the bill. We urge all students on financial aid to meet with the Financial Aid office if you have any questions about how your costs will be figured.)

The following needs to be clearly understood:

1. You are responsible for the deposit and will bear any cost for damage.
2. Euracom housing is more expensive than on-campus housing, so the charge on your term bill will be higher than usual. (Financial aid packages will be adjusted to help make up the difference.)
3. Oberlin will bill you on behalf of Euracom. If you don’t pay the bill, the usual Oberlin penalties apply (e.g., a hold on enrollment/registration, potential withdrawal, etc.).
4. You don’t get the refund of your deposit, minus cleaning and any damages, until 8-10 weeks after the end of the program.

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**Immigration**

➤ **Visas**

If you are studying in the UK for less than six (6) months and are not participating in an internship or any other type of work while in the UK, whether paid or unpaid, you are eligible to enter as a Student Visitor.

US Nationals do not require a visa before arriving in the UK as a student visitor. You do not need to apply for your Student Visitor Visa prior to your departure. However, student visitors must be prepared to supply the Immigration Officer with the correct documentation.

Students entering the country under the Student Visitor category will not be permitted to work in any capacity (either paid or unpaid), or to participate in an internship.

Students entering the country under the Student Visitor category will not be permitted to extend their study period without first departing the UK.

➤ **At the airport**

After your flight arrives, you will need to clear Customs and Immigration by meeting with an Immigration Officer.

You must present a valid US Passport that has at least 6 months validity after the END of your stay in the UK.
You will also need to present original signed copies of two letters, one signed by Donna Vinter, the other by Dean Babyak. You must have these original letters with you and available (not packed in your checked luggage) upon meeting the Immigration Officer.

You will be asked to show the Immigration Officer that you will have the necessary funds to support yourself for the entire period you intend to stay in the UK. This can be in the form of scholarship, grant or other financial aid award letters as well as bank statements in your name which are dated no more than one calendar month before you arrive in the UK.

You will need to demonstrate your willingness to leave the UK once your course of study is complete by showing return tickets or an itinerary with your name and information on them.

After reviewing your materials, the Immigration Official will stamp your passport with the Student Visitor stamp/endorsement (code 5N), and you will be permitted to enter and study in the UK.

Students arriving in the UK through the Republic of Ireland should actively seek out a UK Border Agency official upon arrival in the UK to ensure that their passport is stamped with the Student Visitor endorsement. However, as stated in the ‘Checklist of important tasks’ above, it is not advisable to enter the UK by this route. You may literally not be able to find a UK Border Agency official to stamp your passport. In such a situation, you will then have to plan to leave the UK at the very earliest opportunity, for example by taking a day trip to France, in order to re-enter the UK at a border where your passport can be stamped. Without the appropriate stamp, you cannot be legally enrolled on the Oberlin program, according to UK immigration regulations.

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**Insurance**

Oberlin College has contracted with HTH Worldwide for Blanket Student Accident and Sickness Insurance for all students on the London Program. The cost of this insurance will be covered by the program. This insurance offers excellent accident and sickness coverage to students who are studying abroad. Information about HTH is available on the Study Away website at new.oberlin.edu/office/study-away/study-away-information/planning-your-departure/health-and-safety.dot or in the Study Away office in Peters 205, and a downloadable brochure is available at http://new.oberlin.edu/dotAsset/2624371.pdf. If you have questions about this insurance, contact Amy Moniot at 775-8940 or email amy.moniot@oberlin.edu for assistance.

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**Money**

➢ **Tuition and fees**

Students on the Oberlin-in-London Program are billed for Oberlin tuition and fees just as they would be if enrolled on campus. They are not billed for room and board. A $500 non-refundable deposit is
required upon admission to the program to be allowed to register in the program; it will be applied as a credit to the spring tuition bill unless you decide not to enroll on the program, in which case it will be forfeited.

Tuition and fees cover costs in the following categories:

- Admission costs, theatre ticket costs, etc. for curricular activities, when students are enrolled in the relevant course; transportation costs when such trips involve out-of-London travel and accommodation costs if overnight stays are included. NOTE: meals are not paid for by the program.
- Similar subsidies for certain co-curricular activities that may be planned
- Membership in the International Students House

Students are responsible for the following additional costs (estimates only, at 2013 rates):

- Transportation to and from London (upwards of $900)
- Housing in London (approximately £198/week [$320 at current exchange rates], for 14 weeks
- Meals
- Transportation in London £287 (for 14 weeks of London Underground Travelcard at student rates, if you buy 3 Monthly Travelcards + 2 Weekly Travelcards in total) at Sept 2013 prices. Fares are raised every January, so you can expect a 4-5% increase on that amount.
- Other expenses such as course books, personal travel, and personal items

Financial Aid

Once students confirm their participation in the London Program, the financial aid office will reconfigure the financial aid award package to take account of the higher housing costs in London and the fact that work-study is not available there. Students receiving financial aid from the College should ensure that they have signed all forms and made arrangements for disbursement prior to leaving the country. N.B: There is no early disbursement of financial aid available.

Costs

In addition to tuition and fees, students will need to pay for transatlantic air fares, accommodation, food, and transportation while in London, as well as such other expenses as course books, personal travel, and personal items. Expenditure tends to vary greatly depending on personal choices.

London can be a very expensive city. In the first week or so the shock of prices is compounded by the fact that there are a lot of things to pay for right at the start in settling into accommodation and getting ready for classes. However, do not panic: once you are settled in, weekly expenses are considerably reduced, and London offers so much in entertainment and enrichment for free! Previous program participants have found ways to economize and limit their weekly spending, while still enjoying London thoroughly. You will too. Accommodation will be your largest fixed expense, but it is also the only regular fixed budget item.
One of the most productive areas to economize is on your food budget. Eating out is expensive, so do it sparingly. If you shop ahead at your local supermarket, pack lunches to eat at the site, pack food to take with you on field trips, and plan to cook your own evening meals rather than eat out, you can eat relatively cheaply (considerably more cheaply than on CDS in Oberlin).

As for activities, read the listings of free events in Time Out. Every week there are concerts, lectures, and a variety of events from the wonderful to the weird that cost either nothing or very little, especially for students. Personal travel doesn’t have to mean taking a plane to another urban environment. A country walk outside London with friends using a 4-for-the-price-of-2 cheap day return train ticket will cost much less than a weekend in Amsterdam. There is a book of country walks available for consultation in the Oberlin-in-London office.

**What the semester may cost**

The numbers below are based on self-reported student expenditure for Spring 2013 (Oberlin-in-London). These numbers were estimated by students at the end of the term, and should therefore be treated as approximate figures rather than hard ones.

<table>
<thead>
<tr>
<th>Category</th>
<th>Oberlin-in-London, Spring 2013 (16 responses)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Airfare</td>
<td>$500 - $1000</td>
</tr>
<tr>
<td>Rent, Euracom (per person per week)</td>
<td>£188</td>
</tr>
<tr>
<td>Food per week</td>
<td>£25 - £70 (£40 average)</td>
</tr>
<tr>
<td>Entertainment per week</td>
<td>£21.75 (average)</td>
</tr>
<tr>
<td>Travel in London per week</td>
<td>£20.50 (average)</td>
</tr>
<tr>
<td>Travel outside London per semester</td>
<td>£0 - £500 (widely varied)</td>
</tr>
<tr>
<td>Spring Break</td>
<td>£150 - £600 (widely varied)</td>
</tr>
<tr>
<td>Books</td>
<td>£60 (average)</td>
</tr>
<tr>
<td>Mobile phone purchase</td>
<td>£5 - £20</td>
</tr>
<tr>
<td>Phone calls per week</td>
<td>£1.50 - £5</td>
</tr>
<tr>
<td>Laundry per week</td>
<td>£0 - £2</td>
</tr>
</tbody>
</table>
### Getting money to London

There are different options for getting money to London, and best advice is to make sure you have at least one back-up plan for accessing funds in case of problems with your primary method. Think through carefully in advance what will work best for you.

#### ATM Cards

Students report that the method for accessing cash which works most easily and economically is use of an ATM card at a “hole-in-the-wall,” as they are called in London. If your ATM card is part of the Visa or MasterCard networks, then you should have no problem with this method. Make sure you have a 4-digit PIN number: a longer PIN will not work in British machines.

In order to access your US account, you must have money in the type of primary account designated for international access by your bank. Contact your home bank to ensure that your account is properly designated for international access.

The currency you receive in pounds (£) from an ATM transaction will be debited directly from your US account in dollars. In most cases, this is the best exchange rate you will receive. However, note that you will not be given a receipt that shows you what your US bank balance is after the debit, so you need to have established some other way to keep tabs on that. These days many students have set up online banking.

To avoid extra charges, use ATM machines that are in or outside British banks and that display a notice saying that you will not be charged for the transaction. ATM machines found in other places, e.g. supermarkets, will charge you per transaction and they are best avoided. Note that your US bank may add an extra service charge each time, however. Check what your bank’s policies are before going abroad.

Note that there will be a limit to the amount of money you can draw per day at these machines. That amount varies but it may be no more than £200-£300.

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<table>
<thead>
<tr>
<th>Category</th>
<th>Oberlin-in-London, Spring 2013 (16 responses)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Personal items per semester</td>
<td>£10 - £200 (widely varied)</td>
</tr>
<tr>
<td>Medical expenses</td>
<td>£0 - £80 (most spent nothing)</td>
</tr>
<tr>
<td>Total, excluding airfare, housing and break</td>
<td>£600 - £2,000 (widely varied)</td>
</tr>
</tbody>
</table>

See ‘Money saving tips’ on p. 57.
It is strongly recommended that you let your bank know that you will be abroad and for how long, so that they do not put a stop on your account because of ‘unusual’ transactions. You may also want to see whether your bank would be willing to adjust the daily and one-time withdrawal limit on your account.

Note that if your card is ‘captured’ by a cash machine, or if it apparently completes the transaction but fails to give you cash, there is little that the British bank branch can do about it. You will have to contact your issuing bank in the U.S. to get a replacement. This is why it is an excellent idea to have a back-up way of accessing funds.

**Visa & MasterCard**

Visa and MasterCard credit cards are accepted pretty universally throughout Europe. However, most US credit cards have started to charge exchange fees on purchases in other than US dollars. (Capital One credit cards are among the few that do not charge foreign exchange fees.) Some debit cards, however, have not imposed fees. See [http://www.nerdwallet.com/blog/top-credit-cards/no-foreign-transaction-fee-credit-card/](http://www.nerdwallet.com/blog/top-credit-cards/no-foreign-transaction-fee-credit-card/). Check with your card company.

Some very small shops in the UK may not accept cards, and many shops impose a minimum expenditure for credit card use. The exchange rate that you get when you use your credit cards to make purchases tends to be a favourable one compared to other ways of translating pound expenditure into dollars. However, you should not use your credit cards in an ATM as a way of getting cash: you will begin to pay interest on what is effectively a ‘loan’ from the moment that you obtain cash in this way until you pay your monthly credit card bill. This is a very expensive way of accessing cash.

With any credit card, be sure to know your maximum expenditure limit. Also be sure that you know how to cancel or replace your card if it is stolen. **As with the use of bank debit cards, it is a very good idea to let your credit card companies know in advance the dates that you will be in the UK and Europe.** The card is otherwise likely to be stopped after one or two transactions as a precaution against fraud.

**Prepaid cards**

Prepaid cards are increasingly popular as an alternative to carrying cash. They are available from both Visa and MasterCard. You pre-load these cards with money, and they can then be used like a debit card in shops, when shopping online, etc. No credit check or prior bank account is typically needed. Visit one of the money comparison sites available on the internet to check terms and conditions and compare available deals.

**Amex**

An American Express card allows you to cash your personal checks up to $500 at Amex offices (not Amex banks) all over the world. If you don’t have a card, but your parents do, they can transfer money to you in 24-48 hours from their home Amex office. Google “American Express London” for full information about the current locations of American Express offices. Note that many stores do not accept American Express credit cards, so be sure to have an alternative.
Travellers’ Cheques

Some students choose to bring some money with them in the form of travellers’ cheques. However, these are no longer as common as they once were and some businesses don’t like to deal with them. If you do choose to use travellers’ cheques, the best option is to get American Express travellers’ cheques, which can be cashed free of charge at an American Express office. You are advised to bring such cheques in pounds rather than dollars: this way you will never have problems with getting them cashed or have to worry about fluctuating exchange rates. Banks usually charge a commission for cashing travellers’ cheques. However, Barclays travellers’ cheques, which are available at affiliated banks in the US, may be cashed at a Barclays bank for no additional fee. Remember to keep a record of all your travellers’ cheques separate from the actual cheques.

Wiring Money

See www.westernunion.com/info/selectCountry.asp for information about wiring money via Western Union. This is an expensive but useful way to get money from the US to the UK if you need it in a hurry.

Personal Checks

These are not recommended. In most cases you would have to deposit them into a British bank account (and as a short-term visitor you will not readily be able to open a bank account) in order to turn them into cash. Any corner money exchange shop willing to negotiate your American personal checks is likely to give you a very bad deal.

Packing

No matter where you are traveling, passports, program letter, travellers’ cheques, plane tickets, cash, credit cards, and IDs should not be put in your checked luggage. Keep such valuables on your person. Strongly consider buying a money belt that can be worn around your waist or a special pouch that can be worn around your neck under your clothes. Do not carry valuable items in places from which they might be stolen – thieves are very, very clever. Backpacks, shoulder bags, wallets in the back pocket – all of these are ‘scenarios’ that pickpockets are good at profiting from. Think defensively at all times.

Do not over-pack. Have there ever been more famous words more frequently flouted? Once students are in London they often feel that they have brought too much with them. The journey into central London trying to manage heavy suitcases can often be enough to convince them! Also, be sure to check with your airline’s website about restrictions on size, number, and weight of bags. Label your luggage with your name on the inside as well as on the handle.

Clothing. It is recommended to bring a combination of grubby, casual, and dressy clothes. Bring clothes that can be combined in various ways to make more outfits. To accommodate weather changes – and over the course of the program there will be big ones – pack clothes that can be worn in layers. Londoners dress up more than Midwesterners do; you don’t have to copy them, but you might want at least one nice outfit. Bear in mind that London does get cold, and flats can be drafty
and/or inadequately heated. These days, it can also get very warm! Don’t forget also that you’ll be walking around a lot: comfortable shoes, preferably a couple of pairs, are a must.

**Medicines**

For prescription medication, take a supply that will last the entire semester. Label all bottles clearly and bring the actual prescription with the generic name of the drug in case you need to have it filled while in London. Having the prescription will also help avoid any potential problems with Customs when you initially enter the country.

If you have an **allergic condition** which requires you to have shots periodically, you should prepare carefully. Issues of liability have arisen in the UK, with the result that general practitioners are unwilling to comply with requests from an American doctor to give allergy shots. Instead, you will need to go to the London Allergy Clinic, where you will either have to pay for consultation and diagnosis or provide the following:

- A letter signed and office-stamped from your home doctor with the diagnosis of your condition and details of the course of treatment which s/he has prescribed
- Precise information about dosages
- A statement as to whether, and if so how many, injections have already been given in the series
- A statement as to whether any adverse reactions to previous injections have occurred
- If you are bringing the serum with you, phials which are clearly labeled and dated. These must be kept refrigerated.

If at all possible, arrange to have allergy shots shortly before you leave so that you do not need to be taking care of this during the first two weeks of your stay in London.

**Other items**

You should take along an **extra pair of glasses or contacts, or a good supply of disposable contacts if you use them**, as well as the **prescription** for them. This precaution is especially important if you wear contacts, because the type of lens you wear may not be available abroad.

Any medication or prescription glasses you have sent to you from the US will be held up at Customs (for up to a month!) and they will charge you VAT on the value of the medicine. Bring such items with you if at all possible.

Also bring written information from your doctor about any long-standing medical condition/history that might affect how you should be treated in a medical emergency, or that would assist a UK doctor in understanding why you have been prescribed a particular drug.

It’s worth bringing your own towel in case your flat does not provide enough. It’s also useful for travelling if you plan to stay in hostels.

Most students choose to bring a laptop to London. There is a wireless environment at the FSU centre available 24 hours a day. But only bring your laptop if you have insurance coverage for it.
Bear in mind that, in addition to normal big-city risks, your valuables are only as safe as the individuals you live with make them. Also, check with your supplier about procedures you should follow if your laptop develops a fault, especially if it is still under warranty.

If your program is going to be leaving London for any weekend trips, find out whether hiking boots are recommended. You might want these in any case, as you’ll want to explore beyond London too – Great Britain has many, many miles of wonderful public footpaths through the countryside. Do not underestimate how different the weather may be outside London – certainly colder, maybe wetter! You will certainly need rain gear wherever you are, preferably a coat with a hood. One with a zip-in lining for added warmth would be ideal. The ability to change out of wet shoes and into dry ones may make all the difference to your happiness.

There are many good used clothing stores and charity shops, as well as some outdoor flea markets, in London. If your wardrobe needs to be supplemented in London, it needn’t impoverish you.

➢ Don’t bring . . .

. . . electrical appliances, other than a laptop. The voltage in the UK is different (240 volts by comparison with the US 110 volts). Although some appliances can be used with an adapter and transformer, the transformers are expensive. Appliances may still not work right, and they may also be destroyed by the attempt to use them in the UK. In addition, you risk damaging wiring and even starting a fire. The program office has some electrical items (e.g. hair dryers) which may be borrowed – not enough for everyone, but some!

A mobile phone, unless you want to have it available for when you land back in America, or unless you have thoroughly checked that the cost of using your American phone and number in London will not be prohibitive! (See section on mobile phones below, under “London Information.”)

American ring-binders, unless you bring paper to go in them. Paper sizes and hole punch patterns are different in the UK.

Personal security devices such as pepper sprays. Such products are illegal in the UK. The program has very effective screech alarms available for you to borrow for the semester, however.

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Suggested reading

You will enjoy and profit from your time in London a lot more if you prepare for it. The more of a historical, political, or cultural matrix you have when you come, the more informed responses and intelligent connections you will be able to slot into it. This will add to your pleasure! Here are some suggestions:

➢ Fiction

    Peter Ackroyd, Hawksmoor; Dan Leno and the Limehouse Golem; The Clerkenwell Tales
    Monica Ali, Brick Lane
    Martin Amis, London Fields
Elizabeth Bowen, *The Heat of the Day*
Joseph Conrad, *The Secret Agent*
Charles Dickens, *Bleak House; Our Mutual Friend; Little Dorrit; Great Expectations*
Margaret Drabble, *The Millstone; The Ice Age; The Radiant Way, A Natural Curiosity, The Gates of Ivory* (a trilogy)
Buchi Emecheta, *Second Class Citizen*
Sebastian Faulks, *A Week in December*
Alan Hollinghurst, *The Line of Beauty*
Hanif Kureishi, *The Buddha of Suburbia*
David Lodge, *Changing Places; The British Museum is Falling Down; Therapy*
John Lanchester, *Capital*
Andrea Levy, *Small Island*
Ian McEwan, *Saturday*
Timothy Mo, *Sour Sweet*
Iris Murdoch, *A Word Child*
Ruth Rendell, *The Keys to the Street; Thirteen Steps Down; Portobello* (crime fiction)
Sam Selvon, *The Lonely Londoners*
Zadie Smith, *White Teeth; NW*
Muriel Spark, *The Ballad of Peckham Rye; The Girls of Slender Means*
Barbara Vine, *King Solomon’s Carpet*
Sarah Waters, *Fingersmith; The Night Watch*
Virginia Woolf, *Mrs. Dalloway*

**Poetry**


**Non-fiction**

Peter Ackroyd, *London: The Biography*
Bill Bryson, *Notes from a Small Island*
Linda Colley, *Britons: Forging the Nation*
Kate Fox, *Watching the English: The Hidden Rules of English Behaviour*
Helene Hanff, *84 Charing Cross Road*
Stephen Inwood, *A History of London*
Jeremy Paxman, *The English*
Roy Porter, *London: A Social History*
Polly Toynbee, *Hard Work*
Any good history of Britain

**Newspapers and magazines**

*The Economist; The Guardian; The Independent; The Times; The Daily Telegraph*
Arrival in London

Passing through Immigration at the airport

Have ready to show the Immigration Officer these essential documents:

- Your passport
- Your program letters from the Dean and the Resident Director
- Your round-trip ticket (to the UK and back to the US)

Be scrupulously polite and answer truthfully any questions you may be asked. If you encounter any difficulties at Immigration, you should ask that the Immigration Officer contact the London Director, Prof. Donna Vinter. Have her contact details with you. The Oberlin College program letter you carry includes the Oberlin-in-London office phone number, but you should carry with you Prof. Vinter’s home telephone number, her mobile telephone number, and the Grinnell College office number as well. All of these are listed in Contact information, above. To repeat them here:

- Oberlin-in-London office 020 7419 1178
- Grinnell-in-London office 020 7813 3265
- Donna Vinter’s home 020 8995 0049
- Donna Vinter’s mobile 07754 182 389

Have these other essential documents readily available to produce, if necessary:

- Your Oberlin College ID
- A copy of a document that confirms you have medical insurance
- A letter or email confirming your residential address in London (if you are arriving early, have the address of hotel/hostel to hand)
- Supporting evidence that you will have access to funds to cover your housing and other living expenses while you are in Britain. Your Euracom contract will cover the former. A US bank statement showing a reasonable balance would be good for the latter. Evidence of travellers’ cheques, relevant financial aid document, affidavit of financial support from your parents – any of these could be helpful, depending on what questions you are asked at Immigration.
- Any prescriptions, certificates of immunization, instructions for treatment, etc. that you may have from your doctor, especially if they relate to drugs you have to carry with you.

Travelling into London from the airport

Think ahead about the journey from the airport to your accommodation. There is an essential website for information about travelling around London, which is maintained by Transport for London, the overall authority managing the London Underground, the London buses, and many
greater London over-ground train routes. Familiarize yourself in advance with its features! It is: [www.tfl.gov.uk](http://www.tfl.gov.uk)

Here you will also find information on any disruptions to lines because of planned engineering work or unplanned events, such as signal failure. The website has a “Journey Planner” facility, which you can use to plot the best route between any two points in greater London. The website will also give you information about prices – for example, what you might expect to pay if you take a taxi from Heathrow airport into central London. Please read the following advice only as a preliminary to the more detailed advice that this website can give you on all of the following.

➢ **Travel from Heathrow Airport**

From Heathrow, you can choose to take the London Underground (Piccadilly Line), the Heathrow Connect (direct train to Paddington Station), a private car service, a taxi, or a bus. Follow the airport signs that will direct you to the right place to access any of these modes of transport. The following website expands on most of the information that follows: [www.londontoolkit.com/travel/heathrow_central_london.htm](http://www.londontoolkit.com/travel/heathrow_central_london.htm).

**London Underground**

This is the cheapest way into central London (currently £5.00 during peak times and £3.00 at other times, assuming you use an Oyster Card; otherwise £5.50, paying cash without an Oyster Card). Heathrow Airport is in Zone 6 of the London Underground on the Piccadilly Line. There are trains every few minutes from approximately 5.00 am (a little later on Sundays) until just before midnight (around 10.50 pm on Sundays). Journey time to Piccadilly Circus is about 50 minutes. **If your luggage is heavy or awkward to carry, be warned: many stations have stairs to negotiate – this may not be your best route if you have much to carry.**

The section of this handbook called Travelling around London gives advice on purchasing an Oyster Card at Heathrow in order to travel by London Underground into central London. Load about £10 on the Oyster card at Heathrow. Note that there is a refundable £5.00 deposit for the Oyster Card.

The Piccadilly Line connects Heathrow Airport to central London and to the rest of the Underground system. Work out your route to your destination before you board: know where you need to change, and what line you are changing to. Pick up a London Underground map at Heathrow if you do not already have one.

**Heathrow Connect**

Heathrow Connect trains leave every 30 minutes, with a journey time into Paddington Station in central London of 25 minutes. They leave directly from Heathrow Central station (Terminals 1 and 3); if you’re arriving at Terminal 4 or 5, you can take the Heathrow Express train (see below) free to Heathrow Central, and then the Heathrow Connect from there. In September 2013, a one-way ticket costs £9.50 (book in advance online). From Paddington Station you can take the Underground (buy that Oyster card!) or a taxi to your final destination. The combination of Heathrow Connect and taxi is recommended if you have heavy or awkward luggage to manage.

(There’s also another train to Paddington called the Heathrow Express, but since it costs twice as much [£20.00 if purchased online, from a ticket machine or ticket office; or £25.00 if purchased on
board the train] and is only 10 minutes faster, it’s not especially recommended. See www.heathrowexpress.com for more info.)

Car service

Private car hire can be surprisingly affordable, especially if you’re traveling with one or more other people. And it’s obviously much more convenient than the Underground or the train if you have much luggage. One very reliable service is ExpressWays (www.expressways.co.uk), which currently charges around £36 (plus tip) to meet you at Heathrow and drive you and your luggage to your destination in central London. That’s per car, not per person, for a car that will fit 3 or 4 passengers and 3 pieces of luggage; they also have larger vehicles available (see the website). It’s bookable in advance online, and even less expensive (around £30 per car) when you’re going to Heathrow. The FSU people use this company on a regular basis, and it seems a better choice than a taxi.

Taxis

The Transport for London website reports that journeys from Heathrow Airport take between 30 and 60 minutes and cost on average between £45 and £85. Sharing a taxi with other students can make this a more affordable option, though be aware that you will pay a small additional charge per item of luggage.

National Express buses

National Express also runs coach (i.e., bus) services into central London from Heathrow Airport (currently tickets range from £6.00 - £8.50 to Victoria Coach Station). For full details, consult www.londontoollkit.com/travel/heathrow_bus.htm.

➤ Travel from Gatwick Airport

The recommended method of travel into central London from Gatwick Airport is the Gatwick Express. This 30-minute train ride delivers you to Victoria Station, from where you can either take the London Underground or a taxi to your final destination. The Gatwick Express leaves the airport every fifteen minutes. The current cost of the one-way journey (September 2013) is £17.75 if booked online, or £19.90 if booked at the station office. If three or four people are travelling together, they can get a group deal, i.e., three or four tickets for the price of two (£39.80). But you must travel together and you must purchase these tickets online or at the Gatwick ticket office before boarding the train. Alternatively, with an International Student ID card (ISIC), you can get a 25% discount on the £19.90 fare, but only when purchasing your ticket from the ticket office; this deal is not available online. See www.gatwickexpress.com.

For more information on London airports, consult: www.airwise.com, or www.baa.co.uk.

➤ Arriving at your accommodation

Use the “Journey Planner” feature of the Transport for London website, together with the section below in “London Information” about travelling around London, to help you think about how you will do this. Be sure that Euracom knows in advance what your expected arrival time is. Be sure you are clear how you will gain access to your flat. Where will you pick up the keys?
Once you have arrived, please notify the London Director that you have arrived safely. Do this either by phone or by email: d.vinter@imperial.ac.uk.

➢ Arriving at the Oberlin-in-London program site

As described in Section 3, the Danenberg Oberlin-in-London Program site is located just west of the British Museum on Great Russell Street, near the Tottenham Court Road underground station. Go to the Reception desk at the main entrance (99 Great Russell Street).

In order to have regular access to the FSU building at 99 Great Russell Street, you will need to obtain a key card. Go to the Reception Desk between 9 am and 5 pm, where your name will be listed with the Danenberg Oberlin-in-London Program. You can then be photographed and have your key card made. The key card, which is designed to be worn around the neck, gives access not only to the front door, but to the library and computer labs. All persons in the building are expected to display their cards at all times as a security measure.

Having obtained your card, if you wish to check your email, go to the computer lab downstairs. Your username will be your first initial followed by your last name, so for example, William Shakespeare’s username would be “wshakespeare.” The password initially is “london” (all lower case, no quotation marks). The first time you log on the system will prompt you to change the password.

Travel outside London

The resources of the internet have taken away the need to provide a great deal of information here. Be aware, though, that both the FSU centre library and the Oberlin-in-London office have many travel books which may be consulted and also borrowed.

“I went to Ireland, Amsterdam and Spain. But I really should have travelled more around England. I would suggest this, and Brighton is awesome.”

“I travelled to Paris, France for a week. I wholeheartedly recommend travelling to the continent if at all possible but at the same time don’t travel too much. The London program offered numerous activities to take advantage of and I advise future students to consider the wealth of options available in London before attempting to spend a great deal of time travelling.”

“Day trips to Oxford, Cambridge, or Canterbury are worthwhile. I visited the Eden Project in Southern England (Cornwall). I recommend visiting Scotland or otherwise getting out of London and into the countryside.”

➢ See Britain First

When you are thinking about possible travel outside London, consider the arguments that you should See Britain First. You will have future opportunities to visit Europe as a tourist but you may not readily have a future opportunity to put down roots for so long in one place and get to know it well. For a small island, Great Britain is astonishingly diverse in its history, landscape, people, and
culture. Have a look at www.visitbritain.com, www.visitscotland.com, www.visitwales.com. Before you opt to take CO₂-producing short-haul flights to Europe, consider the alternative of taking coaches (i.e., buses) and trains round the UK. Both modes of transport offer substantial discounts to students:

- National Rail offers a 16-25 Railcard. For an initial outlay of £30 you can save 1/3 off most journeys. You may recoup the cost of this card with one journey to Scotland! Go to www.railcard.co.uk/
- National Express, the principal inter-city bus (‘coach’) company operates a similar scheme, the Young Persons Coachcard, costing £10.00 plus £1.50 p&p. Go to http://www.nationalexpress.com/coach/offers/studentcoachdeals.aspx. Journeys by coach are normally cheaper than journeys by train.

**Before coming to the UK, you should also investigate train passes that must be bought in the US, e.g. Eurail Youth Pass, Britrail Pass, etc.**

Train services are operated by a variety of companies. Some companies offer special deals, especially if booked in advance. To find out more about train travel in the UK, including details of train schedules and fare options, visit www.nationalrail.co.uk. There is also a National Rail enquiries number: 08457 48 49 50.

Note: you need to take care to note all the terms and conditions of any rail tickets you buy. Some tickets are flexible, but the cheapest usually apply only to the train time specified. Be sure to board the correct train if you have one of these non-flexible tickets – if you take an earlier or later train, you could be charged a large penalty fare.

➤ **Travel to the European continent**

Eurostar trains which use the Channel Tunnel depart from the beautifully restored St Pancras International terminal, next to King’s Cross. This is the fast and easy way to get to central Paris or Brussels, and to connect into European rail networks. If booked well in advance, and/or if you are willing to depart very early in the morning, Eurostar tickets can also be fairly cheap. Go to www.eurostar.com.

For cheap air travel to the European continent, go to: www.ryanair.com; www.easyjet.com; www.cheapflights.co.uk; www.statravel.co.uk/cps/rde/xchg/uk_division_web_live/ (STA Travel is one of the main student travel companies in the UK).

“Ireland, Germany and Switzerland were all fun, beautiful, and accessible. Any travel in Europe, I gather, is spectacular. I also went to Birmingham and Manchester. It was fun seeing other British cities.”

“I think the amazing part of London is that it is simultaneously a hub to travel to amazing locations cheaply, and also so enjoyable to live in! I travelled to Amsterdam, Ireland, and will soon go to Turkey, Greece and Sweden very inexpensively. I think it is a great asset for being in London.”

“Go to Ireland, but near the coast, countryside.”
Organized travel

Some students have enjoyed travelling with companies that specialize in tours in particular locations. Past students have mentioned favourably in particular:

- Tirnanog Tours in Ireland ([www.tirnanogtours.com/](http://www.tirnanogtours.com/))
- Anderson Tours [formerly Hallam Anderson] ([www.andersontours.co.uk/](http://www.andersontours.co.uk/))
- Haggis Tours through Scotland ([www.haggisadventures.com/](http://www.haggisadventures.com/))
- Rabbie’s Tours, based in Edinburgh ([www.rabbies.com/](http://www.rabbies.com/))
- The Backpacker Tour Company ([www.backpackertours.co.uk](http://www.backpackertours.co.uk))
- The International Students House Travel Club trips

Accommodation

The cheapest and most popular form of accommodation for students while travelling is hostel accommodation. Check out the details of:

- Youth Hostel Association: [www.yha.org.uk](http://www.yha.org.uk)
- Hostelling International: [http://www.iyhf.org](http://www.iyhf.org)
- Other websites: [www.hostels.com](http://www.hostels.com); [www.hostelseurope.com](http://www.hostelseurope.com)


Returning home

Travel to the airport

If you’re taking the Gatwick Express train from Victoria Station or the Heathrow Connect train from Paddington Station, it might be easiest to book a cab from your flat to the train station.

Or see information above, under “Travel from Heathrow airport: Car Service,” about ExpressWays private car service.

Whatever you do, give yourself as much time as possible. Traffic – both rail and road – cannot be relied on always to run smoothly.

Reverse culture shock

You might want to think ahead to what it’s going to feel like to be back. Although you will be returning to a place you know well, it will have changed while you are away. You will be returning to family and friends who haven’t shared your experiences and may not be able to summon up the degree of interest in hearing extensively about them that you might have expected. Your group of
friends, or the relationships within the group, may have changed. Even the United States may look different to you. All of these things can be positive opportunities for reflective self-awareness and enhanced cultural and political awareness. But they can also make you feel unhappy and at least momentarily isolated. Students report that such feelings are common, if felt to different degrees.

Here are some tips for dealing with such feelings:

- Try to treat them as a positive opportunity for making observations about yourself and about the country you are returning to. Re-read your journal if you kept one.
- Stay abreast of news and current affairs in the UK.
- Get together with other program participants to talk about your common experiences: arrange a social event.
- Help with recruitment for future programs: prospective participants will be very interested in hearing about what happened to you!
- Follow up on some of the things you learned, either in classes or on your own. Think about whether they suggest future directions. Many students report that their semester studying abroad was a life-changing experience. How will it have changed your life or suggested new possibilities?
- Consider returning, or travelling elsewhere. Speak to people in the Study Away office about what your options might be.
- If you are more seriously unhappy on returning, seek help from the student health services at Oberlin.

Safety and security

Unrest on the international stage makes everyone involved with American students in London more conscious of security and emergency procedures. The Resident Director is in touch with the American Embassy and other program directors, and she will advise you should they make any information available relevant to your safety in London. But there are also the reasonable precautions for personal safety that anyone in a big city needs to take, and that you should take, while you are in London. These pertain to possible emergencies and how you should react or prepare yourself, your physical safety while in London, and the safety of your possessions.

➤ Security emergencies

- In the event of a sudden emergency such as a reported terrorist attack, be aware of the advice of the London Metropolitan Police: GO IN, STAY IN, TUNE IN. Go or stay inside some safe location and tune into local radio or television news programs for advice and information. The authorities will use local radio and TV to deliver information and advice. They will issue advice immediately, through all possible methods, if you need to take specific
action.

- As soon as possible, contact the Resident Director for any further information and instructions, and follow these instructions. If you cannot make contact by email or telephone because lines are disrupted, **send a text message** on your mobile phone. These messages will wait in a queue and get through the instant there is an ‘open’ mobile line.
- As soon as possible, contact your parents to reassure them you are ok.
- Stay calm, keep phone/internet lines clear so that you can receive further information and instructions in the event of a serious crisis.

➤ Preparing for an emergency

- Ensure that the Resident Director in London has full, up-to-date contact information for you. **It is very important that you inform her if your mobile phone number changes or there are any other changes in your contact information.**
- If you plan to be out of London during the semester, either for the weekend or during Spring Break, please give the Resident Director details of where you will be and when you plan to return. It may be necessary to establish your whereabouts in the event of a sudden emergency.
- At the start of the term in London you will be provided with a laminated card giving the Oberlin office, Resident Director, and Oberlin faculty contact numbers. **Carry this in your wallet at all times.**
- Put an ICE (In Case of Emergency) number in your mobile phone. We suggest this might be the Resident Director’s mobile number, as she would be the person most readily on hand if you were found injured. The Resident Director can then make the proper arrangements and contact your family.
- It is to your advantage, in case of loss or theft, to have a photocopy of your passport in addition to a certified copy of your birth certificate. Both are very helpful to have available in case your passport does need to be replaced.
- If you are going to be travelling outside the UK, use the internet to find out the location of the US embassy or consulate where you will be – in case your passport is lost or stolen or you need other emergency consular help.
- Keep with you at all times emergency telephone numbers: the U.S. embassy, the Resident Director’s home and numbers, London numbers of the visiting Oberlin faculty. Put these into your mobile phone if you have one. Feel free to use these in case of emergency at any time.
- The Resident Director will be registering the entire Danenberg Oberlin-in-London student group with the US Embassy, which can better provide support to US citizens so registered.
But you should also plan to register any shorter trips you take while you are in the UK on the same website. You can do all of this online. See: https://travelregistration.state.gov/ibrs/ui/.

➢ **Contacting your local police**

To report a crime that has already happened, seek crime prevention advice, or make police aware of any policing issues in your local area, call **101**. Calls to **101** from landlines and mobiles cost 15 pence per call, no matter what time of day you call or how long your call lasts.

➢ **Top tips for a safe London experience**

Official advice provided by the Metropolitan Police about general safety in London (Stay Safe) and official advice provided by London Underground and the British Transport Police about safety on public transport in London is given below. If possible, a police officer will also come to Orientation in London to talk more about staying safe in London. Please read the official advice carefully. We particularly highlight the following:

1. Be street-wise. Traffic approaches from the right. Obey traffic signals. Cross the road only at designated pedestrian crossings. At night walk on well-lit streets, preferably with a friend or two.

2. Do not carry valuables carelessly. Thieves are likely to know that you are a visitor to the UK. Your valued possessions should not be in an easily snatchable bag or in a wallet kept in your back pocket. And don’t go out at night with your entire wallet. Take only what you’ll need. Never leave your bags unattended in public places, and keep a close eye on them at all times. Thieves and pickpockets can be devious, and sudden, in their efforts to relieve you of your possessions.

3. Be alert. Report any suspicious persons or packages to the appropriate authority, *e.g.* the FSU building staff, the police, London Transport staff, etc. **Never agree to carry a package or anything else anywhere for anyone that you meet.**


5. Be especially watchful at ATM machines. Never accept help. Do not allow yourself to be distracted. Always shield your pin number. If possible, use an ATM machine located *inside* a bank. If there is anything suspicious about the machine, do not use it and report it immediately.

6. Never give the address of your flat to casual ‘friends’ that you make in bars, clubs, etc. or invite such people back to your flat on a casual acquaintance. Remember that the safety of your flatmates is also involved in choices that you make.

7. Make sure that the outer door of your flat shuts behind you. Always lock the windows and door to your flat when you leave, using all the available locks.

8. Be aware of how much louder Americans tend to talk: do you need to be so loud? Avoid speaking loudly when you are with groups of other Americans (quite apart from any other
considerations, the locals will appreciate this!). If you encounter any anti-Americanism, try not to over-react to it or take it personally.

9. Be especially careful when out at night. To travel home, use either the night buses or licensed “black” cabs. Never get into a mini-cab touting for business (these are taxis that look like ordinary cars). Get to know your neighbourhood so that if you felt you were being followed on your way home you would know in advance what premises were likely to be open where you might go for help.

10. Be alcohol-wise. You are more at risk if you are under the influence of alcohol.

Stay Safe: a guide to personal safety

The following is taken from a 1998 booklet entitled Stay Safe: a guide to personal safety produced by the Metropolitan Police.

Introduction

Although few of us will become victims of crime, some of us can feel vulnerable when we are out and about in a city new to us. This is especially so at night. Staying safe is all about being aware of what’s happening around you, being alert to situations that might be dangerous and knowing how best to avoid them. If you have any fears be aware of them.

The reality is that most victims of assault in the street are young men under 30 – and drink usually has a part to play. Women are at greater risk from those they know – from rape or domestic violence, for example. Even so, for many, the fear of harassment, robbery or assault by a stranger remains.

Of course, we are all vulnerable at times, and it would be foolish to pretend otherwise. But we should not let that fear of crime take control of our lives.

Stay Safe at Home

A few precautions can significantly reduce the risk of burglary and make you feel more secure. In one third of all home burglaries, the criminal gets in through an open door or window without forcing an entry.

• Be sure that all outside doors and windows are fitted with good locks and bolts. If your door has a chain and/or peephole, use them.

• Keep ground-floor level windows shut. They are a favourite way in for burglars.

• If a stranger rings the doorbell, do not let them in until you are satisfied: ask for proof of identity. Staff from gas, electricity and water services should have identity cards. Keep the chain on the door while you check it. If you were not expecting anyone from that service or from your landlord, have the caller wait outside while you ring his office to check.

• If you have any suspicions, call the police – dial 999.

• When you go out or go to bed, check that all doors and windows are locked. And don’t leave valuable possessions on view from windows.
• On returning home in the evenings or late at night, have your house keys ready so you can let yourself in quickly.

**Stay Safe in Public Places**

By taking a few simple precautions you can help yourself to stay safe in the street, in crowds, and at cash dispensers.

• Think ahead and plan your journey. Carry your A to Z with you.

• Walk confidently. Stay alert: be aware of what’s going on around you. Hold your head up and look as if you know where you are going. Don’t make it apparent that you are a tourist by stopping in open places to consult your A to Z — duck into a more discreet place to do so.

• Try to avoid walking alone at night. If you are going to stay out late, try to travel home with a flatmate. Keep a taxi number and your fare handy.

• Consider how much alcohol you have had. It can affect your judgement of people and situations.

• If you think you are being followed, quicken your pace and cross the road. Head for other people: a shop, pub, police station, etc.

• It is an offence to carry any item for the sole purpose of self defence. Mace and pepper sprays are illegal in Britain. Personal alarms are permitted.

• Keep your personal property safe. Always keep your bag where you can see or feel it: on your lap or between your feet. Don’t hang bags over the backs of chairs.

• Try to keep your keys separate from anything with your address on it.

• Don’t leave valuables in your jacket pockets or coat if you are likely to take it off. Don’t leave your mobile phone exposed to view.

• Carry your handbag over your shoulder with the flap against you. If someone tries to snatch your bag, give it up rather than risk injury.

• Carry your wallet in your front trouser pocket, never in a back pocket.

• At cash machines stay alert. Make sure no one can see you entering your PIN number. Be aware of anyone loitering nearby. If you are in doubt or at all suspicious, trust your instincts and don’t use the dispenser

**Stay Safe on Public Transport**

By remembering a few general points when travelling on public transport you can help yourself to feel safe and stay safe.

• Plan your route there and back, and tell someone the details. Check on times of trains, tubes and buses before you travel, especially late in the evening.

• Always stay in well-lit areas on platforms. If there is a Help Point, stand near it.
Stay Safe in Taxis and Mini-cabs

You can reduce the risks to your safety when using taxis or mini-cabs by being aware of a few facts and following these practical tips.

Taxis are licensed and regulated in London by the Metropolitan Police Service. Taxis have an illuminated ‘taxi’ sign on the roof and display licence details on a white plate on the back of the vehicle, showing the license number, expiry date, and the words ‘Metropolitan Police’. Do not get into a London-style taxi that does not have this licence plate on the boot [trunk] lid.

- The taxi driver always wears a green or yellow metal badge.
- Only licensed taxis can be hailed legally in the street or picked up at a taxi rank.
- Mini-cabs in London can only legally carry passengers who have booked them in advance. Ordinary cars are used as mini-cabs. Do not hail them in the street and do not get into one touting—illegally—for business.
- If you are in a public place when you book a taxi or mini-cab, avoid being overheard when you give your name and address. Share a mini-cab with a friend. You will feel better, and it’s cheaper.
- If you use a mini-cab, choose a firm recommended by someone you trust. When you book the mini-cab, ask what sort of car will be sent and the driver’s name.
- When the mini-cab arrives, ask the driver who he has come for. Don’t give your name first. Check the driver’s identity and check they are from the company you telephoned.
- Sit in the back seat, not next to the driver. If you talk to the driver, stick to general topics and don’t give away any personal information.
- Trust your instincts. If you are in any doubt, don’t get into a mini-cab or taxi.

Stay Safe – To sum up

- Staying safe is all about being aware of what’s happening around you, being alert to situations that might be dangerous and knowing how best to avoid them. If you have any fears be aware of them.
- We are unlikely to become victims of crime ourselves. And the fear of crime can be very damaging if you allow it to blight your life. Try to keep it in perspective: the streets are still safe and being more aware and feeling more confident is the best defence you can have.
• So when you’re at home: **Lock up securely; never let strangers in without checking; if you’re suspicious, phone the police.**

• And when you’re out: **Think ahead, and tell someone what your plans are; stick to busy, well-lit areas.**

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**Safety on the London Underground and buses**

The Tube is one of the quickest ways to get around London. It is also one of the safest. The following advice is based on that given by London Underground and the British Transport Police.

**Before you go**

• Locate your Oyster card and have it ready. This will avoid your having to dig through belongings in full view of others at a crowded station.

• If you are travelling late at night, avoid travelling alone. If you must travel alone, phone ahead to alert your flatmates that you are on your way and when they should expect you.

• If you do not have a mobile phone, carry a phone card with you.

• Keep keys separate from anything with your address on it.

• If you are setting off on a trip, avoid putting your flat address on any visible suitcase labels.

• If you are carrying large sums of cash, split it up and carry it in different pockets. Never keep a wallet or valuable items in a back trouser pocket.

**Around the station & on the platform**

• Always look as if you know where you are going: appear confident!

• On escalators, hold on to the handrail. Stand to the right and avoid standing too close to the edge.

• In lifts, NEVER obstruct the doors and take great care with loose clothing and baggage straps.

• Don’t stand near the platform edge and NEVER attempt to retrieve belongings from the track. Always ask a member of staff.

• Never try to board or alight from a train while the doors are closing. Take extra care if there is a gap between the train step and the platform edge.

• If you know the layout of your destination station, move along the platform so that you travel in the part of the train which will be closest to the platform exit at your destination.

• Always keep handbags and backpacks closed, with the fastener towards you.

**On the train**

• Make sure you know where the emergency handle or button is located.

• Avoid standing near the doors if you can, and be aware of who is around you. This will minimize your risk of becoming a victim of pick-pocketing or bag-snatching.
• Beware if you are jostled or if there is a sudden argument or commotion. Incidents can be staged to distract you while a pickpocket steals from you.

• Sit or stand near other passengers. If the carriage empties and you feel uneasy or uncomfortable, get off at the next station and move to a busier carriage.

If something should happen

• Shout out to alert others if you see a thief at work or if your pocket is picked.

• **If you are on a train, use the red emergency alarm to alert the driver. If the train is between stations it will not stop until the next station.**

• On a platform, dial 999 or push the green emergency button on the nearest Help Point. Report details to a member of staff or a British Transport Police Officer.

• If you have witnessed a crime on the Underground, you can speak in confidence to the British Transport Police on 0800 40 50 40.

➢ Sexual harassment

London, like many other parts of England, is extremely cosmopolitan, populated by people from many other countries and cultures of the world. Many neighborhoods have concentrations of people from other cultures. This rich cultural diversity is certainly what makes London a special and exciting place. At the same time, your expectations and assumptions concerning behavior may need to be modified. While travelling around London, in the wider UK and in Europe, you may find different understandings of what constitutes harassment, particularly toward women. Do what you can to avoid such potential situations and if one does occur, walk away. Please be cautious – walk away! If you have an encounter that is troubling to you, please discuss the matter with the Resident Director.

Serious sexual harassment is a matter for the police, just as it would be in the US.

➢ Racial abuse

This is always unacceptable and should be reported to the police. Always keep in mind your own personal safety and try to get away as soon as possible from any situations that appear threatening or that could escalate.

➢ Lost passport

If you lose your passport or have it stolen, you must report this loss to the police immediately. If you are in London, contact the Resident Director for assistance in obtaining a new passport. If you are traveling when this occurs, please follow these instructions:

• Read the following for detailed information on what to do in the case of a lost passport: [http://travel.state.gov/passport/lost/lost_848.html](http://travel.state.gov/passport/lost/lost_848.html). If your passport is lost during the course of the semester while you are away from England, you will probably need to obtain an
emergency, limited validity passport for immediate travel and will then take care of obtaining a full-validity passport back in London.

• Check the US Consulate Web site: useembassy.state.gov for the location and hours of the Passport Service Office nearest to you.

• Contact the Resident Director and/or your parents/guardians for assistance in faxing a copy of your passport and a copy of your program letter to the appropriate Passport Service Office.

• US Embassy in London: 020 7499 9000

Travelling around London

The main modes of transport around central London are the London Underground (“tube”), buses, local Overground trains, and taxis. The cost of journeys on the tube is mainly determined by the distance you travel: the network is divided into ‘zones’ that form concentric rings around central London.

Pricing and ticketing on the London underground is complicated by different fares and schemes. For the complete picture of how it all works, go to the website of London Transport: http://www.tfl.gov.uk.

➢ Oyster Card

To travel round London on the bus and underground system, you are strongly advised to get an Oyster Card. They are available at any underground station. Oyster Cards are electronically programmed cards that are used by touching them on electronic readers as you enter and leave the underground system, or as you enter buses. Oyster Cards for travel on the London Transport underground and buses are priced to be the cheapest form of travel. Note that there is an initial refundable £5.00 deposit for an Oyster card.

ADVICE: Do not purchase cash single fares on the Underground: the rates are punitive! A single journey from one station to the next in central London will cost you £4.00. Use an Oyster Card instead!

Oyster Cards operate by means of two different payment systems:

1. “Oyster Pay as you go” loaded onto an Oyster Card

An Oyster card can be “loaded” with a sum of money – usually £5, £10, or £20 – and fares will be debited from this sum as you travel around London each day. This is called “Oyster Pay as you go.” The Card computer system keeps track of your journeys and will “cap” the amount you pay in a day, so that it will always be cheaper to travel by this means than by any other kind of day ticket. In 2013 the Off-Peak Pay-as-you-go capping rate for travel in Zones 1&2 is £7.00; the Peak rate is £8.40. See http://www.tfl.gov.uk/tickets/14416.aspx. You must be sure always to touch your Oyster Card on the reader as you enter and leave underground stations in order to be sure you get this best rate!!
ADVICE: Get an Oyster card as soon as you arrive at Heathrow Airport and load some ‘Pay as you go’ money on it.

At time of writing, your Oyster single fare from Heathrow to central London would be £5.00 during peak times (06.30 to 09.30 and 16.00 to 19.00 Monday to Friday) or £3.00 during off-peak times (all other times). It would be £5.50 (at all times) if you simply pay cash. (You can’t use an Oyster Card to get from Gatwick into London. If your plane arrives at Gatwick, buy an Oyster Card at Victoria Station, where the Gatwick Express trains terminate.)

2. “Weekly or Monthly Travelcard” loaded onto an Oyster Card

The second method is to use the Oyster Card as a ‘Travelcard,’ meaning that for a single lump-sum payment, your card is good for a selected period of time within selected travel zones for an unlimited number of journeys on the underground, buses and some local trains. Any Londoner who travels to school or work every day by London Transport uses this system. In 2013, a 7-day Weekly Travelcard would cost you £30.40 for Zones 1&2, and £35.60 for Zones 1-3. Do the math and you will see that this is the most economical way to travel around London, if you are going to be travelling on a daily basis. Having a weekly or monthly Travelcard is also a tremendous psychological stimulus to getting out and doing things, because you are not constantly thinking about what journeys will cost.

NOTE: these two methods of paying for journeys can both be present on your Oyster Card. That is, you can have a Weekly or Monthly Travelcard for Zones 1 and 2 and then also have some extra money loaded on the card for whenever you take a journey beyond, into Zone 3, for example. The card will automatically calculate and deduct the additional charge for the extra zone. Having cash loaded on with your Travelcard is a good safety precaution, because ticket inspectors can impose a spot fine of £50 on those who do not have a ticket that covers the full extent of their journey. But those caught fare-evading risk fines of up to £1,000, as well as a criminal record.

3. Student Oyster Cards

The Danenberg Oberlin-in-London Program is registered with Transport for London as an educational institution. This allows the participants on our program to apply for the Student Oyster Card, which entitles the bearer to a **30% reduction on either Weekly or Monthly Travelcards**, e.g., a 30% reduction on the prices quoted above for a Weekly Travelcard. In 2013, a 7-day Weekly Travelcard with the Student Oyster Card would cost you £21.20 and a Monthly one £81.50 for Zones 1&2. Applications for the Student Oyster Card are made online. Students will be advised by the Resident Director via email during January on exactly how to apply; applications for the Student Oyster Card are best made just before you depart from the US.

The Student Oyster Card application requires that you have access to a digital passport-type photograph. There is also a £10.00 application fee, payable by debit or credit card.

There is likely to be an initial period when you have not yet received the Student Oyster Card. During this time you will have to pay the full adult rate, so you are advised to load some Pay-as-you-go money onto the Oyster Card you initially acquire.

NOTE: the Student Oyster Card will cease to work at the end of the program. If you stay in London
after that time, you will need to pay full adult fare once again.

NOTE ALSO: Transport for London puts prices up every January. The fares you will pay are likely to be around 5% higher than those quoted above.

It is recommended that once you have established an address, you get Weekly or Monthly Travelcards on your Oyster Card. These will work on the tube, buses, and trains. Read more about the details of these in the section above called “Transportation Costs”; full information is to be found on the London Transport website at www.tfl.gov.uk/tickets/default.aspx. Click on “18+ student” to view information about student discounts.

In order to participate fully in the Oberlin-in-London Program, you will be expected to purchase an Oyster Card that will enable you to travel freely in zones 1 & 2 for at least the period of time when classes are in session. Not only will this give you the ‘freedom of London’ to explore and do things without thinking of the cost of each journey, but it will be essential to participating in London field trips (like the walks that are part of the History of London course, each of which will begin from a different tube station). Because these trips are often on a strict schedule, there is no room for delay: professors will not wait while students stand in queues to buy individual tickets.

Initially, put money on your Oyster Card on a “Pay as you go” basis. Once your Oyster Student card comes through, you will save 30% on the cost of Weekly or Monthly Travelcards.

ONE LAST NOTE: If you’ve purchased a 16-25 railcard, this can be linked to your Student Oyster Card for further off-peak discounts.

➤ London Underground

Using the London Underground can be confusing at first, but you will be pleasantly surprised how quickly it becomes second nature. The London Underground map is a work of genius: it makes seeing where you are with relation to where you want to go very easy. But if you get confused, London Underground staff are normally on hand (during the daytime, at least) to offer advice. Seek their help. Ordinary members of the public are also normally happy to help strangers – but never accept help if/when you are trying to buy a ticket at a ticket machine. This is classic con-artist territory.

London Underground stations will have maps of the system. Pick one up at your earliest opportunity if you haven’t acquired one before coming to London. You should also buy, at your first opportunity, a London A-Z (street map book – pronounced “A to Zed”); the compact edition costs £5.95. It is essential. It contains detailed maps and a street index. The fold-out maps of central London that are marketed to tourists will not help you find individual streets. It will be essential for finding class excursion sites, or anywhere special you want to go while you are in London. You are not going to be a tourist!

In addition to the Transport for London website (www.tfl.gov.uk), you can call the 24-hour London Transport Information Line (0843 222 1234) for more information.
Buses

In recent years London buses have improved dramatically. Buses come fairly frequently and there are many, many routes traversing all of London. Many people find them a more pleasant mode of travel than the London Underground, because you can see where you are going and thus get a better sense of the relation between one place and another. There is also simply more to look at than on the underground. However, they will often (though not always) be a slower mode of transport than the Underground and probably won’t be your best choice if you have to be sure to be somewhere on time. The single fare is £1.40 for any ‘Pay as you go’ journey with an Oyster Card or £2.40 if paying cash. Bus travel is included in any weekly or monthly Travelcard you have loaded onto your Oyster Card.

There is also a system of Night Buses that run throughout the night. They are less frequent than daytime buses, but they are a reliable means of getting home if you have been out late in central London, after the underground network has closed down at around midnight.

Central London bus maps will be provided to you at Orientation in London.

Taxis

There are two kinds of taxis you can take in London – traditional black cabs (they are not always black) and ‘minicabs’.

a) Black cabs

These are the safest option but also the more expensive. As they are government-regulated, they must charge a consistent metered and posted rate. Each individual cab has a licence number clearly displayed inside. They are available at designated locations near some train and underground stations, but you can also hail them in the street. A cab is ‘for hire’ if the yellow “Taxi” light on the roof is lit up. As a rule, you should tip the driver – 10% is adequate, though some people just round up to the next whole pound.

Black cabs can also be ordered by phone:

- Taxi One-Number bookings: 0871 871 8710
- Call-A-Cab: 020 8901 4444
- Computer Cab: 020 7908 0207
- DataCab: 020 7432 1540
- Dial-A-Cab: 020 7253 5000
- Radio Taxis: 020 7272 0272
- Xeta: 0845 108 3000

There is a charge when booking by phone and other terms and conditions may vary so please check when booking.
If you have a smart phone, download the app ‘Hailo’. The app helps to locate a licensed black taxi nearby to your location and it gives you the option to pay by card if you’re stuck without cash.

Mini-cabs

London’s streets are also served by independently owned and operated ‘mini-cabs’. These vehicles look like ordinary cars. Many of the companies that operate mini-cabs are reputable and licensed, but you need to be sure. To find out more about mini-cabs, go to: http://www.tfl.gov.uk/tfl/gettingaround/taxiprivatehire/default.aspx. Under no circumstances should you get into a ‘mini-cab’ touting for business at an underground station, outside a pub or club – or anywhere. It is illegal for mini-cabs to tout for business in this way. Such drivers will not be legitimate. You will be putting your safety at serious risk if you get into such a vehicle. Do not even do this as a group.

Medical and emergency help in London

The general emergency telephone number is 999. You should use this if you need to contact the police, fire brigade, or an ambulance in an emergency.

You can visit the Accident and Emergency Department (“A&E”) of a hospital if you are in serious need of immediate treatment but are not in a genuine emergency requiring an ambulance. Oftentimes sudden medical needs seem to arise at weekends; the nearest hospital emergency room may be your most practical option for seeking treatment. Accident and Emergency departments are normally very busy. Expect to have to wait quite a long time to be seen, depending on the severity of your condition – up to four hours. However, when you finally are seen you should not be charged for this medical attention. Should you need to be admitted to hospital, you would have to pay.

Not all hospitals have Accident and Emergency Departments. The main central London hospitals which do have them are:

<table>
<thead>
<tr>
<th>Hospital</th>
<th>Address</th>
<th>Telephone</th>
<th>Website</th>
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</thead>
<tbody>
<tr>
<td>St. Mary’s Hospital</td>
<td>Praed Street 235 Euston Road</td>
<td>020 3312 6666</td>
<td><a href="http://www.imperial.nhs.uk/stmarys">www.imperial.nhs.uk/stmarys</a></td>
</tr>
<tr>
<td>University College Hospital</td>
<td>235 Euston Road</td>
<td></td>
<td><a href="http://www.uclh.nhs.uk">www.uclh.nhs.uk</a></td>
</tr>
<tr>
<td>Chelsea &amp; Westminster Hospital</td>
<td>389 Fulham Palace Road</td>
<td>020 8746 8000</td>
<td><a href="http://www.chelwest.nhs.uk">www.chelwest.nhs.uk</a></td>
</tr>
<tr>
<td>Charing Cross Hospital</td>
<td>Fulham Palace Road</td>
<td>020 3311 1234</td>
<td><a href="http://www.imperial.nhs.uk/charingcross">www.imperial.nhs.uk/charingcross</a></td>
</tr>
</tbody>
</table>
St. Thomas's Hospital
Lambeth Palace Road
London SE1 7EH
(Westminster underground station)
Tel: 020 7188 7188

www.guysandstthomas.nhs.uk

Moorfields Eye Hospital
City Road
London EC1
(Old Street underground station)
Tel. 020 7253 3411; Advice line: 020 7566 2345 (M-F 9.00 - 4.30)

www.moorfields.nhs.uk

For an accident or for serious concern about your eyes

Check the location of the hospital nearest to your flat that has an Accident and Emergency Department.

Minor Injuries Units

Minor injuries units are for patients with less serious injuries, such as sprains, cuts, fractures and grazes. The waiting times are much shorter than those in Accident and Emergency Departments. You do not need an appointment.

St Bartholomew's Hospital
Outpatients Wing
West Smithfield, EC1
Open: Monday to Friday, 8 am to 8 pm

St Charles Hospital Minor Injuries Unit
Exmoor Street, W10
Open 9 am to 9 pm every day

Guy’s Hospital Minor Injuries
Ground Floor, Tabard Annexe
Great Maze Pond
London SE1 9RT
Open: 8 am to 4 pm (last patient booked in at 3.15 pm)

NHS Direct: Phone Line for Medical Advice

NHS 111 Service is a 24-hour confidential helpline and telephone advice service. To access it, simply ring 111. Also see: www.nhs.uk.111/. You will be asked to provide some basic information about yourself and to describe the nature of your call. If you need advice about a health problem you are asked if you are calling for yourself or on behalf of someone else and are asked to explain:

• What the symptoms are, how they affect you/the person and when they began
• What you/the person have tried already
• Any drugs you/the person are already taking
• Any existing medical conditions
• Anything else you think is relevant

If you are calling on behalf of someone else, that person needs to be in the same room as you so that the adviser can accurately assess their symptoms. NHS 111 advisers will use their skills and experience, together with a comprehensive computer system, to advise you on the most appropriate course of action to take – for example, whether you should see a doctor immediately, whether it can wait till the next day, whether you should instead seek over-the-counter help at a pharmacy, etc. He or she will also have details of other relevant health information services, late-night pharmacies, after-hours dentists, etc. that you can contact if you need to.

➤ If you need to see a doctor

General Practitioners

For these doctors you will be required to pay, in cash, at the time of the visit, so be sure to get a receipt to turn into your insurance company if you want to make a claim. If you do not have cash up-front, speak with the Resident Director. Do not let cost prevent you from seeing a doctor if you need to. And remember that you are covered under the terms of HTH Worldwide, which reimburses you for 100% of reasonable expenses for doctor visits while you are on the program: see http://new.oberlin.edu/dotAsset/2624371.pdf for details.

Dr. Margaret Chung
Colville Health Centre
51 Kensington Park Road
London W11
Tel. 020 7727 8212

Dr. Chung has been seeing Grinnell students for many years and is available to be consulted by Oberlin students as well. State clearly that you are associated with the Oberlin program when you ring or visit. The cost will be around £60. You will need to pay at the time of your visit, in cash. Be sure to get a receipt for insurance purposes.

Office hours for Dr. Chung:
M – F: Walk-in hours, 9 am – 11.15 am (no appointment needed)
M, T, W, F: Appointment only, 4 – 6 pm

Dr. Stephen Court
20 Harley Street
London W1
Tel. 020 7580 5411

It is usually possible to get an appointment with Dr. Court on the day that you ring. The cost will be around £60. You will need to pay in cash at the time of your visit. Be sure to get a receipt for insurance purposes.

Museum Practice
58 Great Russell Street, London, WC1B 3BA
Located just a few minutes from the study centre, this practice offers appointments with a senior doctor for only £30. Sometimes it can take a couple of days to get an appointment, but there is always one doctor on duty who provides walk-in appointments (you may need to wait). Patients who wish to get a walk-in appointment must arrive between 9am-11am to be put on the list.

Practice Hours:
M: 8:45am-8:00pm
Tues-Fri: 8:45am – 6:30pm

**NHS Walk-in Centres**

You can go to an NHS walk-in clinic and receive same-day consultation. NHS Walk-in Centres offer fast and convenient access to a range of NHS services, including health information, advice and treatment for a range of minor illnesses (coughs, colds, infections) and minor injuries (strains, sprains, cuts). Most centres are open from early morning to late evening, seven days a week. The centres are run by experienced NHS nurses, and you don't need to make an appointment.

A consultation will cost around £75. The nearest to the FSU centre is:

**SOHO Centre for Health and Care**
1 Frith Street (off Soho Square)
London W1
Tel. 020 7534 6500

Open: Mon-Fri, 8 am- 8 pm; Sat, Sun, Bank Holidays: 10 am – 8 pm

To find other London locations, perhaps nearer to where you are living, search “NHS Walk-in Centres” on the internet.

**Medicentres**

These are walk-in GP services and may be your best option if you need to see a doctor at the weekend. You will need to pay up-front to see one of these doctors. Visit [www.medicentre.co.uk](http://www.medicentre.co.uk) for complete information. Note that last appointments are 20 minutes before closing time.

**Victoria Station Medicentre**
Main concourse, by Platform 15, London SW1V 1JT
020 7510 0314
Open: Mon-Fri, 8 am-8 pm; Sat, 9 am- 6 pm; Sun, 10 am-4 pm

**Bank Medicentre**
80 Cheapside, Poultry exit at Bank tube station, London EC2V 6EE
020 7510 0310
Open: Mon-Fri, 8 am-6 pm
Paddington Medicentre
Unit 50, upper level, Paddington Station, London W2 1HQ
020 7510 0312
Open: Mon-Fri, 8 am-7 pm; Sat, 9 am-6 pm

➢ If you need a dentist

NHS 111 Service
111
They can give you details of emergency dentists in your area.

24 Hour Emergency Dentist
www.24hour-emergencydentist.co.uk
Emergency hotline: 020 8748 9365
Four treatment centres in central London

Soho Dental Care
1 Frith Street
London W1
Tel. 020 7534 6622

Kensington Dental Spa Emergency Dental Service
21 Kensington High Street
London W8 5NP
(High St. Kensington underground station)
24-hour emergency hotline: 0800 389 1998

Non-emergency dental treatment

Dr. Peter Lawrence
Tel. 020 7580 1610

NHS 111 Service
111
They will give you details of dentists in your area who may treat you as a private patient.

To find a dentist in your area, search on: www.192.com/. This is a powerful business/people search engine that you can use to find a dentist in your area. See also NHS website www.nhs.uk. Search under “Health services near you - Dentists.”

➢ If you need a pharmacist (chemist)

Pharmacists, or chemists as they are often known in the UK, are good medical resources. They can give you professional advice about what your medication or treatment needs may be. Once you have settled into your housing, be sure to locate a nearby chemist. The Boots chain is the commonest on London streets, but there are also others.
Here are some chemists shops in central London which are open late:

**PharmaCentre**
149 Edgware Road  
London W2  
(located midway between Edgware Road and Marble Arch underground stations)  
0808 108 5721  
Open until midnight every day

**Zafash Pharmacy**
233-35 Old Brompton Road  
Earl’s Court, London SW5 0EA  
020 7373 2798  
Open 24 hours a day: the only one in London!

➢ **If you need an optician**

There are many opticians in London. To find one in your area, try [www.192.com](http://www.192.com). Or try [www.londontown.com/](http://www.londontown.com/). Both sites will enable you to search businesses and services in your area. An optician that is close to the FSU centre is:

**University Vision**
University of London Union  
6 Malet Street  
London WC1  
Tel. 020 7636 8925.

This optician serves the student market and you may find that frames and lenses are cheaper than elsewhere.

See also: Boots Opticians ([www.boots.com/opticians](http://www.boots.com/opticians)) and SpecSavers ([www.specsavers.co.uk](http://www.specsavers.co.uk))

➢ **If you have mental health concerns**

**American Psychotherapy Associates**
39A Welbeck Street, London W1G 8HH  
Tel. 020 7486 9255  
U.S.-trained therapists and counsellors. When you ring, you will be asked to leave a phone number and someone will call you back, usually within 24 hours.

**Hillary Ratna, Accredited Counsellor (British Association for Counselling), Senior Registered Practitioner (British Association for Counselling and Psychotherapy)**
Tel. 020 8455 1069  
Ms. Ratna, American by birth but a long-term UK resident, has much experience supporting students on US study-abroad programs.

**Dr Kenneth Demsky**
Dr Demsky is familiar with the US university study-abroad community, and works with students from several such institutions in London.

**International Students House**
Free counselling advice. Email: advice@ish.org.uk

**London Nightline**
Confidential listening, support and information service run during term-time by trained students, for students.
Tel. 020 7631 0101 between 6 pm and 8 am.
See: www.nightline.org.uk

➢ Where else to go for advice and support

Living and studying in London can be very rewarding, but it can also sometimes be overwhelming. But there is help available. There are many organizations and services in London offering advice and support to international students on immigration and legal matters, disability, drugs and alcohol, HIV and AIDS, and pregnancy. See the list in the appendix for specific organizations that might be appropriate for your needs. Additionally, do not hesitate to discuss your concerns with the Resident Director. She can help point you in the right direction for a support group or arrange for you to meet with a counsellor.

**Health/medical care or advice**

<table>
<thead>
<tr>
<th>Service</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Medical information for US citizens</td>
<td><a href="http://www.travel.state.gov">www.travel.state.gov</a></td>
</tr>
<tr>
<td>US Consular information: UK</td>
<td><a href="http://www.state.gov/travel/">www.state.gov/travel/</a></td>
</tr>
<tr>
<td>Student Specific Health Links</td>
<td><a href="http://www.studenthealth.co.uk">www.studenthealth.co.uk</a></td>
</tr>
<tr>
<td>BBC Health</td>
<td><a href="http://www.bbc.co.uk/health/">www.bbc.co.uk/health/</a></td>
</tr>
<tr>
<td>Meningitis Trust</td>
<td><a href="http://www.meningitis-trust.org/">www.meningitis-trust.org/</a></td>
</tr>
<tr>
<td>(24-hour helpline &amp; emergency information)</td>
<td>0800 028 18 28</td>
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**Mental health**

<table>
<thead>
<tr>
<th>Service</th>
<th>Contact Information</th>
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</thead>
<tbody>
<tr>
<td>SANELINE</td>
<td>0845 767 8000 (6 pm-11 pm daily)</td>
</tr>
<tr>
<td>Samaritans</td>
<td>08457 90 90 90 (24 Hours)</td>
</tr>
</tbody>
</table>

**Alcohol**

<table>
<thead>
<tr>
<th>Service</th>
<th>Contact Information</th>
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<tbody>
<tr>
<td>Alcohol Concern</td>
<td><a href="http://www.alcoholconcern.org.uk/">www.alcoholconcern.org.uk/</a></td>
</tr>
<tr>
<td>Alcoholics Anonymous</td>
<td>0845 769 7555 (24 hours)</td>
</tr>
<tr>
<td>National Drink Helpline</td>
<td>0800 917 8282 (24 hours)</td>
</tr>
</tbody>
</table>
Smoking & drugs

Action on Smoking and Health  http://www.ash.org.uk/
National Drugs Helpline  0 800 77 66 00  www.talktofrank.com
Narcotics Anonymous  0300 999 1212  www.ukna.org/
Release  0845 4500 215  www.release.org.uk/

Sexual health

British Pregnancy Advisory Service  08457 30 40 30  www.bpas.org
Brook Advisory Centres  0808 802 1234  www.brook.org.uk
Sexual Health Direct  0845 122 8690 (Mon-Fri, 9am-6 pm)  www.fpa.org.uk
NHS Sexual Health Helpline  0800 567 123
National AIDS Helpline  0 800 567 123
Terrence Higgins Trust  0845 1221 200
(Advice for HIV/AIDS sufferers)  www.tht.org.uk

Gay and Lesbian Switchboard  0300 330 0630 (10am-11 pm)  www.llgs.org.uk

Eating disorders

Beating Eating Disorders (BEAT)  0845 634 7650  www.b-eat.co.uk

Advice for (international) students

International Students House (ISH)  229 Great Portland ST; W1N 5HD
020 7631 8369 (Student Welfare)  www.ish.org.uk
Lost or stolen credit cards

<table>
<thead>
<tr>
<th>Credit Card</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>American Express</td>
<td>01273 696 933</td>
</tr>
<tr>
<td>Visa</td>
<td>0800 891 725</td>
</tr>
<tr>
<td>Mastercard</td>
<td>0800 964 767</td>
</tr>
</tbody>
</table>

Other resources in London

Getting a mobile phone (also Skype)

Most students decide to buy a UK mobile phone for the period that they are in London. It is extremely convenient to have a mobile phone to make contact with fellow participants on the program, and it can be an essential item in any emergency situation. Mobile phones can be purchased extremely inexpensively. Cost, terms, and rates are variable and need to be researched once you arrive in London. It is a good idea to seek out specialist and independent advice for purchasing a mobile phone. Carphone Warehouse (www.carphonewarehouse.com) is a major independent chain in Britain, selling mobile phones at a range of prices and on all the different networks. They should be able to advise you on the best phone deal to meet your needs. There is a branch of Carphone Warehouse at the junction of Tottenham Court Road and Oxford Street, very near to the FSU centre.

Students have also found it advantageous to buy phones on the same network as one another (e.g. Orange, Virgin, GiffGaff, O2, etc.), as calls and text messages to other phones in the same network are priced more cheaply than calls to other networks.

Recently, students have been getting their US smart phones unlocked so that they can take advantage of pre-paid plans that include a data allowance for internet usage. Plans vary, but one of the least expensive pay-as-you-go plans is from GiffGaff. Their packages include unlimited data, unlimited texting and 250 minutes for only £12/month. The Oberlin office has some SIM cards with £5.00 free credit.

Often students need to get their phone unlocked once they arrive in the UK. Luckily, there are many places to do this near the study centre, namely near the intersection of Tottenham Court Road and Oxford Street. Look for “mobile unlocking” signs in shop windows. Fees vary depending on your phone model, so shop around to get the best rate, which will range from £30 - £45. Students have also used UnlockFusion.net to unlock their phones for as little as $1.99.

Skype (www.skype.com) is an attractive option for calling the US from the UK, and Facebook and Google+ also offer free audio and video chat.

Libraries

The site library: The FSU London Study Centre library is open 9.30 a.m. to 9:00 p.m. Monday-Thursday; 9.30 a.m. to 4:00 p.m. on Fridays. It is closed on Saturdays, and open on Sundays 3:00
p.m. to 9.00 p.m. The computer labs are open 24 hrs a day. There is a quiet study space, called the Conservatory, at the back of the library.

The British Library: Undergraduates may now get a Reader’s Pass to the St Pancras Reading Rooms of the world-renowned British Library on Euston Road. This is a reference library: a reader’s pass entitles you to use the catalogues and consult books on site, but not to take books away. This normally takes 45 minutes to an hour, though for some books, not housed on site, it can take a couple of days.

To get a Reader’s Pass, go to the Reader Registration Desk and bring with you two forms of identification: a) proof of signature – e.g. passport, driving licence, credit card; and b) proof of your home address in the US – e.g. bank statement, credit card statement, driving licence. Note that a single item, such as driving licence, can only be used as one form of proof: either of signature OR of address, but not both. See www.bl.uk for full details.

Although entering the Reading Rooms requires a Reader’s Pass, there are public areas inside the Library but outside the Reading Rooms that have comfortable seating and tables that may be used for studying – and designed for using laptops!

Westminster Central Reference Library: This library is located behind the National Gallery, at 35 St. Martin’s Street, London WC2. This library’s reference collection may not be borrowed, so the books are permanently available. It is a useful place for students who find it difficult to study at home.

Guildhall Library: The City of London’s archive and reference library is located in the Guildhall, on Aldermanbury, London EC2, and is open Monday to Saturday, 9:30 a.m. to 5:00 p.m. It has open shelves of books on London history, as well as extensive collections on English and parliamentary history, including the complete series of House of Commons papers and journals from 1800.

Barbican Library: Located in the Barbican Centre, London EC2, this is one of the local libraries of the City of London system. There is also a very good music library here. The Barbican Centre itself makes a quiet place to study, occasionally with musical accompaniment. There are tables and chairs with good lighting on several levels indoors and a lakeside terrace with tables and chairs when the weather is fine.

Local libraries: Local libraries will allow members to take out books. Although the collections are obviously not geared specifically to undergraduate academic needs, local libraries in a borough try to ensure that, among them, they cater to a wide range of subjects that you can access through inter-library loan.

Once you have established a flat address, find out where your nearest library is (the Oberlin-in-London office can help you determine this) and go there to join. You will need proof of your address, for example a copy of your lease, or a proof of address document provided by your housing provider.

Specialist libraries: There are also many specialist libraries in London, often reference libraries, ranging from the Poetry Library on level 5 of the Royal Festival Hall on the South Bank to the
Karl Marx Library in Clerkenwell. The Oberlin-in-London office has information on those specialist libraries which allow access to undergraduates.

➢ Quiet places to study

It can be difficult to find a quiet place to study in London. Even if your flat or residence is a good place, it is not necessarily close enough to the teaching site to use in the middle of the day. So here are a few suggestions of other places to study.

The Wellcome Library: Located at 183 Euston Road, NW1, this library which specializes in the history of medicine is also open to members of the public to use, including as a place to read. You need to bring personal identification and proof of address to join. Many program participants have joined this library and reported very positively on their experience with it.

The South Bank: The National Theatre has lots of tables, chairs, and comfy corners. Try the Lyttelton Terrace! The Royal Festival Hall is a newly refurbished concert hall with a large foyer with seating and a poetry library on level 5. The National Film Theatre has cafes and comfy chairs and sofas in public areas.

At bigger bookstores (with coffee shops): Waterstone’s, on Gower Street, is the main bookshop for the University of London. It has a coffee shop in the basement. Foyle’s, on Charing Cross Road, is another good venue.

➢ Eating and drinking

Supermarkets

Large supermarkets are cheaper than smaller food stores. The biggest names are Tesco, Sainsburys, Morrisons, Asda, Waitrose, and Marks and Spencer. Tesco and Asda have reputations as being the least expensive (but Sainsburys is often competitive), Waitrose and M&S as most expensive. There is a Sainsburys Supermarket very near the FSU centre, at the junction of Great Russell Street with Tottenham Court Road. You can use the supermarkets’ websites to locate the ones nearest to your flat, or ask your landlord for information. Program staff are also happy to help. The staff at the Reception Desk in the FSU building also know a lot about where to shop locally.

Markets

Berwick Street Market (Leicester Square or Piccadilly Circus underground stations). Open 9 am-6 pm Mon-Sat. The best and cheapest selection of fruit and vegetables in central London. Also good for cheese, fish, bread, herbs, spices, and a variety of international street food.

Borough Market (London Bridge underground station). Open Thursdays, Fridays, & Saturdays. This is an astonishingly wonderful farmers’ market, though not especially cheap. There are plenty of opportunities for free tastes of things, though. A number of traders specialise in organic produce. See: www.boroughmarket.org.uk.

Brick Lane Market (Aldgate East, Shoreditch, or Liverpool Street underground stations). See www.visitbricklane.org. A huge range of things is on sale here: meat, fruit, veg, electrical
items, tools, bicycles, clothing, jewellery, and household goods. There are lots of great vintage shops in the area as well.

**Brixton Market** (Brixton underground station). See [www.brixonmarket.net](http://www.brixonmarket.net) for full details of opening times. This is a thriving multicultural market where you can find African and Caribbean produce along with traditional fruit and veg and fish. There are also record stalls, second-hand clothes, and bric-a-brac. The newer part of the market, Brixton Village, is bursting with amazing independent restaurants and cafes.

**Camden Market** (Camden Town or Chalk Farm underground stations). See [www.camdenmarket.org](http://www.camdenmarket.org). A whole collection of markets on Saturdays and Sundays primarily. Youth culture, street fashion, and retro clothes dominate; also crafts. It’s very busy, sometimes claustrophobic.

**Old Spitalfields Market**, 65 Brushfield Street, E1. See [www.oldspitalfieldsmarket.com](http://www.oldspitalfieldsmarket.com). Old covered market with a wide variety of shops and stalls, including an international food centre. Crafts and antique stalls are especially notable. This is near Brick Lane market, so you can plan to visit both on the same day.

**Petticoat Lane Market** (Liverpool Street underground station). Primarily 9 am-2 pm Sundays. A traditional East End market selling a wide variety of things, including inexpensive clothing.

**Portobello Road Market** (Ladbroke Grove, Notting Hill Gate, or Westbourne Park underground stations). See [www.portobellomarket.org](http://www.portobellomarket.org). The antiques market (Saturdays) has a huge choice and range; the general market (most days) still has some of the cheapest fruit, veg, and flowers that you’ll find in west London. Also famous for its new and vintage clothes stalls.

**Eating out cheaply**

Here are some relatively cheap places to eat near the FSU site. Consult the *Time Out* website to research restaurants by type of food, by location and by price.

Relatively inexpensive restaurants close to the FSU centre include:

**Belgo Centraal**, 50 Earlham Street WC2 (Covent Garden). This Belgian restaurant offers high quality, affordable, filling meals. I recommend their “Beat the Clock” deal, available in the very early evening. You pay what the time is on the clock when you order the food: *e.g.* 6 pm order means that the dish costs £6.00. This restaurant is popular, so arrive even earlier to secure a table and save more money.

**Café Emm**, 17 Frith Street W1 (Soho). Good atmosphere and good, inexpensive food.

**Chipotle**, 114-16 Charing Cross Road WC2 (Tottenham Court Road area). Missing Mexican food? This popular US chain will sort out your burrito cravings! Burritos, tacos, and salads range from about £6-8.

**Diwana Bhel Poori House**, 121 Drummond Street NW1 (Euston). There is a set, buffet all-you-can-eat, amazing-value lunch available here. But it’s an inexpensive Indian meal in the evenings too. (Be aware that in this country, unlike some places in the US, you usually have
to order and pay for rice separately in Indian and Chinese restaurants.) Also in the same block with a great-value lunch buffet: another Indian restaurant called Chutney’s.

**Five Guys**, 1-3 Long Acre WC2 (Covent Garden). An American burger chain that has recently arrived to the UK!

**Food for Thought.** Neal Street WC2 (Covent Garden). This basement restaurant offers excellent vegetarian dishes at reasonable prices in the heart of Covent Garden.

**Fryer’s Delight.** 19 Theobalds Road WC1 (Holborn). Good fish and chips. Get the mushy peas and mug of tea, too, for a real traditional English supper.


**ICCo**, 46 Goodge Street W1 (Bloomsbury). ICCo serves up fresh, handmade pizzas for take away or dine in, in a relaxed and welcoming atmosphere. Pizzas start at just £3.50 for margarita style.

**Indian YMCA**, 41 Fitzroy Square W1 (Fitzrovia). This is authentic and very cheap Indian food. Most of the diners here are Indian students. Average price: £5-10.

**Jimmy’s Restaurant**, 23 Frith Street W1 (Soho). Very long-standing, very inexpensive Greek restaurant in the heart of Soho.

**Mr. Jerk**, 189 Wardour Street W1 (Soho). Popular Caribbean café.

**Maoz Falafel**, 43 Old Compton Street W1 (Soho). This popular lunchtime restaurant offers delicious falafel in pitas with fresh, crisp veggies and hummus. The cost is about £6-7 for a very filling meal (often with a drink!).

**Masala Zone**, 48 Floral Street WC2 (Covent Garden). One of a new chain of Indian restaurants serving excellent, inexpensive food.


**Rasa Express**, 5 Rathbone Street W1 (Fitzrovia). Primarily a take-away, this is part of the Rasa chain of fantastic restaurants serving South Indian cuisine. Excellent vegetarian dishes, too.

**Shake Shack**, 24 Market Building, The Piazza WC2 (Covent Garden). Located in the heart of Covent Garden Market, this is where you’ll find American burgers, fries, shakes, and hot dogs. This is London’s first location of the popular NYC chain. Cheeseburgers start from £5, and prices increase as you add more toppings.

**Soho Joe**, 22-25 Dean Street W1 (Soho). Excellent pizza at very good prices. Strongly recommended.

**The Sandwich Man**, 23-24 Easton Street WC1. This is located just minutes from the Euracom flats. During weekdays at lunchtime they offer hearty sandwiches and salads starting from just £1. Just look for bikes and a queue of people outside of the warehouse-type building (it doesn’t have a traditional store front).
The Stockpot, 18 Old Compton Street W1 (Soho); and 40 Panton Street SW1 (near Piccadilly Circus). The food isn’t gourmet but it’s good and basic (omelettes, pasta, grills, and specials) and astonishingly cheap for central London.

Wagamama, Streatham Street WC1. Wagamama is a Japanese noodle bar chain popular with students and anyone wanting a nourishing, nutritious, and not very expensive meal in central London. To get there, turn left out of our building, right at the first corner onto Bloomsbury Street. Cross Bloomsbury Street at this corner too. The first left is Streatham Street.

Tipping – aka ‘service’ or ‘service charge’: Restaurants in London often add a so-called ‘optional’ service charge to the bill when they bring it to you. This will be either 10% or, more frequently, 12½%. Check whether service has been added! Don’t fall into the trap of leaving a tip twice. If service hasn’t been added, then leaving something in the region of 10-12½% will be adequate.

Money-saving tips

Tastecard: One year membership can be purchased on special offer for £29.95 (they run this offer often). The card entitles you and your party to either 50% off or 2-for-1 offers at participating restaurants. Anybody can register for a free month-long trial membership – no credit card details are taken. If students plan this strategically, a group of friends who regularly dine out together could plan for each person to register for the free trial for different months (all will benefit from one Tastecard in the group at a time). Trial information can be found at www.tastecard.co.uk/trial/headertry. The list of participating restaurants can be found at www.tastecard.co.uk.

Student discounts: It’s common knowledge that students are entitled to discounts on exhibition entry fees and movie tickets, but students can also get 10% off at some popular high street shops like Topshop, Topman, Burton, Dorothy Perkins, Faith, GAP, New Look, Office, Ryman and Schuh. Presentation of an Oberlin student ID should be sufficient.

Inexpensive grocery shopping: Grocery stores significantly mark down items which are set to expire that day, and the best time to look for marked-down items is around 5pm in areas where there are a lot of office workers and a few hours before closing in residential areas. On Tottenham Court Road, the Little Waitrose has been known to mark down a loaf of bread to 10p around 5pm! Marks & Spencer also do great markdowns on Tottenham Court Road. If you’re happy to freeze bread or use other ingredients they’ve marked down in that night’s meal then it’s a great way to save money. The same principle applies at Itsu (a sushi takeaway chain) – they mark down their food 50% a half hour before closing time at their various locations.

TK Maxx, 120 Charing Cross Road, London WC2: Located just a few minutes away from the study centre, this is a great place to find discount housewares (if your kitchen is missing something!), shoes, coats, luggage, sheets, umbrellas, scarves and lots of clothing! The markdowns are significant and if you don’t mind hunting a bit, you can find some great bargains on big name brands.

Telediscount (for BT landlines): On this website you’ll find access codes to dial before making an international phone call. The savings made on calls using these codes are significant: Telediscount
Living Social and Groupon: Register with these websites to receive local London discount offers on a daily or weekly basis. Most recently, offers like 50% off gift cards for Marks & Spencer and Starbucks have been on offer. Sometimes there are free grocery delivery passes or inexpensive gym membership passes. See www.livingsocial.com and www.groupon.co.uk.

myWaitrose: If you regularly pass by a Waitrose grocery store which sells coffee/tea, then it is worth asking for a free myWaitrose membership card. There are some benefits to having this card but the main one is that it entitles you to a free coffee or tea once a day.

Bea’s of Bloomsbury Classic Movie Nights: Almost every Tuesday night Bea’s of Bloomsbury (a popular London bakery) transforms its industrial baking space located under the railway arches into a pop-up cinema! They sell chilli dogs, popcorn, deep fried brownies and other tempting treats. The best part is that entry is only £5 – that’s a bargain for a London night out. See www.beasofbloomsbury.com/events.

Tiger, 241-242 Tottenham Court Road, London W1: Probably one of the most inexpensive places to pick up notebooks, organizers, spices, wrapping paper, cards, housewares, decorations…practically anything you could possibly imagine!

Being nice: Remember to be friendly to people working in chain takeaway restaurants, particularly ones like Pret. Staff members are encouraged to give away freebees to people they feel might deserve it. Make sure to smile, and if they ask how you are, sometimes saying something like “I’m a bit nervous for a big exam” or “I’m great, it’s my birthday week!” or “It’s my first day of my internship” will cue them to possibly give you a free coffee! The same goes with theatre ushers – they’ve been known to upgrade seats from the very back rows if they know better seats are not being used closer to the stage. Also, if you visit a chain restaurant’s website and notice that there is a place to leave positive feedback about a particular location, make sure you take the opportunity to compliment them. Sometimes managers will invite you in for a free meal (Itsu is known for doing this)!

➢ Gyms and swimming pools

There are three gyms that program participants have used in recent years. You will need to check what the current rates are for joining them:

YMCA (has swimming pool)
112 Great Russell Street
London WC1

This is a one-minute walk from the FSU centre. Students can join the YMCA at a reduced, student rate. This will require you to bring with you a letter from the Resident Director affirming your student status.

Camden Oasis Sports Centre (has swimming pool)
32 Endell Street
London
WC2H 9AG
Phone: 020 7831 1804

easyGym  
The Plaza  
120 Oxford Street  
London W1D 1LT  
Phone: 0330 055 3568

This brand new gym is only a five-minute walk from the FSU study centre. There are no contracts and the cost is only £19.99 per month.

➤ Meeting the locals

It’s not always easy to meet the British socially. Some of the best ways to do so are to join a club, do volunteer work, or attend a local church or other place of worship.

While it may not come naturally to you, you should try hard to take initiative about talking to people – *e.g.* in pubs, while you are standing in a queue, at concerts or theatres, etc. If you smile, are friendly and interested in others, you will be likely to meet with a positive response: the great British reserve is much overstated!

Try, for example, the **Saturday Walkers’ Club**, which has weekly outings. You can just turn up for any of them. There’s no charge other than the train fare to the walk’s starting point. For details of weekly walks, see [www.walkingclub.org.uk](http://www.walkingclub.org.uk). Britain has over 120,000 miles of public footpaths, and this is a great way to see the countryside and to meet people. See also the **Ramblers Association**: [www.ramblers.org.uk](http://www.ramblers.org.uk). Or there is the **London Intervarsity Club** that organises evening and weekend walks in and around London every week for members. Membership starts at £9.99 a month for a three-month trial. See [www.londonivc.com](http://www.londonivc.com)

You could also look into HOST. This is a voluntary organisation that arranges for students to stay with people who enjoy meeting and welcoming international students into their homes at any weekend during the year and also at Christmas. These are volunteers who enjoy learning about other cultures and are pleased to share their own lives with students from different countries. HOST is not able to place every student who would like an invitation, so you need to apply in plenty of time. Students pay nothing except their travel costs. See [www.hostuk.org](http://www.hostuk.org). Tel. 020 7739 6292.

➤ Groups and clubs

Visit “Yahoo Groups” ([groups.yahoo.com](http://groups.yahoo.com)) to search for London groups in your area of interest.

Here is just a **small sample** of the kinds of groups you might find in London:

**Sports**

Badminton clubs, boxing training for beginners, cricket clubs, fencing clubs, football clubs, handball clubs, korfball clubs, running clubs, tennis clubs, volleyball clubs, walking clubs, lacrosse clubs. Martial arts/self defence classes of all kinds are popular.
Dance

- Danceweb: interactive directory for UK dancing enthusiasts; www.danceweb.co.uk
- Danceworks, London W1. www.danceworks.co.uk. Tel. 020 7629 6183
- The RADA Studios, London WC1. www.rada.ac.uk. Classes: dance, fitness, singing, etc.
- English Folk Dance and Song Society, London NW1. wwwefdss.org. Tel. 020 7485 2206.
- Salsa Class. www.salsaclass.co.uk.
- Salsamoves. www.salsamoves.co.uk.
- Salsa Rosada – Gay Salsa Classes. www.salsa-rosada.co.uk; 020 7813 4831.
- Much more!

Karaoke bars, pub quizzes. See Time Out.

Music

- Imperial College Choir. www.union.ic.ac.uk/arts/choir/
- St. Matthews Choir. www.smce.org.uk
- London Community Orchestra. www.lco-on.ca
- The Pink Singers. www.pinksingers.co.uk.
- Non-professional orchestras in London. See:
  - www.amateurorchestras.org.uk/

Cinema

The weekly magazine Time Out provides up-to-date listings. Central London cinemas can be expensive. For much cheaper options, try:

- The International Student House shows free, current films on Sunday evenings to members. You are a member!
- Bea’s of Bloomsbury has £5.00 Movie Nights. Classic and cult films are shown every Tuesday in a pop-up-style cinema under the railway arches. See beasofbloomsbury.com/events.
• **Amnesty International** screens films at its east London action centre. See www.amnesty.org.uk/events.asp.

• **Roxy Bar and Screen** in Borough High Street shows free full-length features every night, plus shorts. See roxybarandscreen.com.

➢ **Theatre**

There are several ways to get cheaper tickets to major productions:

• **The National Theatre** saves some low-priced tickets to sell on the morning of the day of the performance. Each person can buy only two tickets, which cost £12 each. The Box Office opens at 9.30 am, but you may want to join the queue earlier as many enthusiasts do, in order to get the best seats. Student standby tickets may also be available @ £12 each from 45 minutes before the performance begins.

• **Student Standby.** Many other theatres also sell heavily discounted tickets to students in the hour before the show begins. Just show up at the theatre’s box office. You need to present a valid student ID. Student rush seats may be available at other theatres in the mornings. Check websites for details.

• **TKTS: the Leicester Square Half-Price Ticket Booth.** The official half-price ticket booth is the grey building located in the middle of Leicester Square. Tickets for same-day shows are available here. Tickets are sold at half the face value of the ticket, but you must take the tickets next on top of the pile. There is also a £3.00 service charge added to the price of the ticket. Therefore, this may still end up being a relatively expensive option for a student on a budget. See www.tkts.co.uk.

• **Standing room tickets for sold-out shows have also been recommended by some students.**

Theatre enthusiasts should note the wealth of London’s fringe theatre activity waiting to be explored. This is a dynamic sector that stages both new writing and freshly-imagined revivals. Don’t make the mistake of assuming that because it’s “fringe” it will be inferior to what you would find on the “West End” stages; but it certainly will cost you less to see. The venues are smaller and the feeling of being a member of an audience intimately involved in that essential performer-audience transaction is correspondingly often much more gratifyingly intense. Consult *Time Out* on a regular basis to see what’s on where, and what is recommended. Fringe theatres with strong track-records include:

• **The Bush Theatre**, Shepherd’s Bush. The Bush is a world-famous home for new plays and an internationally recognised champion of new playwrights. It has produced many groundbreaking premieres since it opened in 1972. (Shepherd’s Bush Market, Shepherd’s Bush, or Goldhawk Road tube stations)

• **The Arcola Theatre**, Hackney. Tuesday nights here are “pay what you can” nights, purposely created for those who find the regular price of theatre tickets off-putting. A theatre with a strong recent track record. (Liverpool Street or Highbury & Islington tube & bus)
• **The Gate Theatre.** The Gate has an average seating capacity of 70, but punches far above its weight. It is London’s only producing theatre dedicated to international work and has a first-class track record. (Notting Hill Gate tube)

• **King’s Head Theatre,** 115 Upper Street, N1. The theatre is located in the back room of the King’s Head pub; this room has also been, in its time, a boxing ring and a pool hall. Over the years it has staged many new works, 37 of its shows transferring to the West End. It has recently been rebranded as London’s Little Opera House at The King’s Head Theatre, and will specialise in producing classic opera with new interpretations. (Angel or Highbury/Islington tubes)

• **The Battersea Arts Centre** ([www.bac.org.uk](http://www.bac.org.uk)) produces many innovative productions. (Clapham Junction mainline station – from Victoria or Waterloo)

• **Soho Theatre,** 21 Dean Street, W1: a short walk from the teaching site. Since its founding ten years ago, this theatre has been building a strong reputation for producing new writing. Its program includes theatre, comedy, and writers’ events. It is also home to a buzzy bar scene.

• **Theatre Royal Stratford East.** Every night in the lively linked bar (with good, cheap food) there are free music, free poetry and free comedy events. The theatre itself has a strong reputation for theatre generally, and a good line in theatre about multi-cultural London. (Stratford tube)

• **Menier Chocolate Factory,** 53 Southwark Street, SE1. There is an attached restaurant, and you can get theatre/meal deals. The theatre itself has a strong recent track-record of putting on non-mainstream or forgotten-about musicals: wonderfully done in a small space! (London Bridge tube)

• Not a fringe theatre, but artistically significant and not to be missed (modern British drama is said to have begun here on a night in May 1956) is the **Royal Court Theatre** in Sloane Square. *The New York Times* once described it as “the most important theatre in Europe.” It has both a main stage and a theatre upstairs, and both stages frequently produce innovative new plays. On Monday nights all tickets are £10. The Royal Court also offers special deals for students, including standing room tickets (restricted view) at their main, downstairs theatre for 10p, from an hour before the performance. (Sloane Square tube)

➤ **Music**

There are too many venues and kinds of music available in London every night of the week to begin to list them all. What’s certain is that there is something for every taste and that there is much that is affordable or even free. Among the free offerings you might like to note are:

• ‘Late at Tate Britain’ is an eclectic pop music night on the first Friday of every month. See [www.tate.org.uk](http://www.tate.org.uk).

• St Martin in the Fields Church, Trafalgar Square, has free lunchtime concerts (though they appreciate donations).
• The BBC Concert and Symphony Orchestras have some free recitals. See bbc.co.uk/whatson/tickets.

• The South Bank Centre. The concert halls here (Royal Festival Hall, Queen Elizabeth Hall, Purcell Room) sponsor many free musical events. See: www.southbankcentre.co.uk.

• For other free music venues, see regular listings in Time Out.

• Not free, but students can get standby tickets for as little as £10 at the Royal Opera House (http://www.roh.org.uk/for/students) and the English National Opera (http://www.eno.org/experience/access-all-arias). A huge bargain.

>Museums and galleries

The following major museums are all FREE and FANTASTIC. This is not an exhaustive list by any means:

• The British Museum
• The National Gallery
• The National Portrait Gallery
• The Tate Britain
• The Tate Modern
• The Imperial War Museum
• The Museum of London
• The Victoria and Albert Museum
• The V&A Museum of Childhood
• The Geffrye Museum (the museum of the British Front Room, from 1600 to the present)
• The Science Museum
• The Wellcome Collection
• The Natural History Museum
• The National Maritime Museum, Greenwich; also the Royal Observatory in Greenwich – essential!

>Auction houses

Christie’s exhibits art valued at millions of pounds for free. Works going under the hammer at upcoming auctions are shown in plush salons at its London premises. Dress smartly and the doorman will wave you in. Contemplate works by Botticelli, Renoir, or whoever is coming up for sale, and gawp at the price tags. Some of these paintings may never go on free public view again.
Christie’s, 8 King Street, St James’s, London SW1. See www.christies.com. Also see Sotheby’s, a very similar rival auction house at 34-35 New Bond Street, W1: www.sothebys.com.

- **Speakers’ Corner**

  In a category of its own. This is an enduring symbol of Britain’s right to free speech, visible every Sunday in a corner of London opposite Marble Arch. Ever since the right of free assembly was recognized in 1872, Speakers’ Corner in Hyde Park has been the place for philosophers, politicians, and anyone else to get things off their chest. Past orators have included the Pankhursts (famous suffragettes), Karl Marx, Lenin, and George Orwell. Other London parks have designated speakers’ corners too, including Clapham Common and Finsbury Park. Two subjects are off limits: the royal family and overthrowing the government.

- **Haircuts**

  - **Vidal Sassoon Davies Mews School, Davies Mews, W1** offers some “model appointments” at greatly reduced rates. The session takes about 3 hours, though.

  - **The Klinik, 28 Exmouth Market, EC1.** Near the Euracom flats, this salon offers 20% off all services for students on Mondays, Tuesdays, and Thursdays between 11 am and 8 pm. See: www.theklinik.com/the-klinik-team

  - For Black Hair Salons and Barbers in London, see comprehensive listings at: http://www.itzcaribbean.com/blackhairsalonsbarbers

  - For a cheap local haircut, go to **Mr. Topper’s** on Great Russell Street, diagonally across the street from the teaching site.

  - Finally, see http://www.timeout.com/london/shopping/londons-best-free-haircuts for many other possibilities.

- **Hostels in London**

  Hostels provide the cheapest temporary accommodation. Here are a few useful websites that have lists of hostels:

  - The London Student Hostels Directory: www.lcos.org.uk

  - Imperial College’s Hostel List: www.imperial.ac.uk/hq/residences/pho_hostel.html

  - Hostels worldwide: www.bootsnall.com

  - The Youth Hostels Association (YHA): www.Hihostel.com

  - Generator Hostel: www.HostelBookers.com

  - London Hostel Association: www.hostellondon.com

  **Some Hostels/Hotels near the Danenberg Oberlin-in-London site:**

  - Astor Museum Inn

  - 27 Montague Street
(Russell Square tube)  
Bloomsbury WC1B 5BH, London  
(020) 7580 5360  
*This is a privately run hotel very near the FSU centre.*

International Students’ House  
(Great Portland Street tube)  
229 Great Portland Street  
London W1M 5HD  
(020) 7631 8300

Methodist International Centre  
(Euston tube)  
81-103 Euston Street  
London NW1 2EZ  
(020) 7380 0001  
[www.micentre.com](http://www.micentre.com) (See ‘Student Accommodation’)

London Association of Hostels:  
[www.hostellondon.com](http://www.hostellondon.com)

Information about many London hostel locations may be found here.

**Youth Hostels Association (YHA)**

The YHA has seven hostels in London with beds in shared rooms. Maximum stay is two weeks and prices are around £30 per night, with a supplement if you do not have YHA membership. YHA hostels are also friendly, good value places to stay when travelling around Britain. See [www.yha.org.uk](http://www.yha.org.uk).

The YHA hostel nearest the FSU centre is:

- **St. Pancras YH**  
  (King’s Cross Tube)  
  179-81 Euston Road  
  NW1 2QS  
  0845 371 9344

Other central London YHA hostel locations include Oxford Street; St Paul’s (City); Holland Park; Earls Court

➤ **Hotels in London**

Most of these hotels have websites. Websites that provide reviews such as Trip Advisor ([www.tripadvisor.com](http://www.tripadvisor.com)) may be worth checking. Also consult *Let’s Go London*, and *The Rough Guide to London*.

- **Arosfa Hotel**  
  (Euston Square Tube)  
  83 Gower Street WC1  
  (020) 7636 2115  
  *A simple budget hotel near the FSU centre.*

- **Arran House Hotel**  
  (Euston Square Tube)  
  77-79 Gower Street WC1  
  (020) 7636 2186  
  *Single and double rooms. Breakfast included.*

- **Ashlee House**  
  (King’s Cross Tube)  
  261-265 Gray’s Inn Road  
  (020) 7833 9400
This hotel is at King’s Cross, very near to the FSU centre. Some dormitory-style rooms.

Citadines Apart’Hotel
(Holborn Tube)
94-99 High Holborn WC1V 6LF
(020) 7395 8800, fax (020) 7395 8799
Other London locations too.

Studios and apartments with well equipped efficiency kitchens. This is a French chain, highly recommended for clean, efficient accommodation, with living and dining space so you can easily prepare meals and save considerably on dining-out expenses. See: www.citadines.com/

George Hotel
(Russell Square Tube)
60 Cartwright Gardens WC1H
(020) 7387 8777

Harlingford Hotel
(Russell Square Tube)
61-63 Cartwright Gardens WC1H
(020) 7387 1551

Jenkins Hotel
(Russell Square Tube)
45 Cartwright Gardens WC1H
(020) 7387 2067

Single and double rooms.

Morgan Hotel
(Tottenham Court Road Tube)
24 Bloomsbury Street, London WC1B 3Ql
(020) 7636 3735
A stone’s throw from the FSU centre.

Ridgemount Hotel
(Euston Square Tube)
65-67 Gower St, Bloomsbury WC1
(020) 7636 1141

Ruskin Hotel
(Russell Square Tube)
23-24 Montague St WC1B 5BH
(020) 7636 7388

St Margaret Hotel
(Holborn or Russell Square Tube)
26 Bedford Place WC1
(020) 7636 4277

Tavistock Hotel
(Russell Square Tube)
Tavistock Square WC1H
(020) 7636 8383

Thanet Hotel
(Russell Square Tube)
8 Bedford Place, WC1
(020) 7636 2869

Vandon House Hotel
(St. James Park Tube)
1 Vandon Street SW1H OAH
(020) 7799 6780
This hotel is a few minutes walk from Victoria Rail Station (where Gatwick Express arrives).

For more information on hostels, hotels and accommodations, and booking services, see:

• London Tourist www.londontourist.org/
• Londontown.com [www.londontown.com/]
• London Tourist Accommodation Service [www.hotelbooking.co.uk/]
Places of worship in London

We can supply a more comprehensive list of places of worship in the Oberlin office, and/or help you find what you are looking for that may not be represented here.

**Buddhist**

Buddhapadipa Temple  
14 Calonne Road, London SW19  
Tube: Wimbledon

**Christian**

The American Church in London (interdenominational)  
Tottenham Court Road, London W1P  
Tube: Goodge Street

Bloomsbury Central Baptist Church  
235 Shaftesbury Avenue, London WC2  
Tube: Tottenham Court Road

Brompton Oratory (Roman Catholic)  
Brompton Road, London SW7  
Tube: South Kensington, Knightsbridge

Westminster Cathedral (Roman Catholic)  
Ashley Place, Victoria Street, London SW1  
Tube: Victoria

All Souls, Langham Place (Evangelical)  
2 All Souls Place, London W1  
Tube: Oxford Circus

Holy Trinity, Brompton (Church of England/Episcopal)  
Brompton Road, London SW7  
Tube: South Kensington

St. Bride (Church of England/Episcopal)  
Fleet Street, London EC4  
Tube: Blackfriars, St. Pauls, Chancery Lane

Chelsea Methodist Church and Pastoral Centre  
155a Kings Road, London SW3  
Tube: Sloane Square

Friends House (Quaker)  
Euston Road, London NW1  
Tube: Euston, Euston Square
Islamic
London Central Mosque
146 Park Road, London NW8
Tube: Baker Street

Jewish
Union of Jewish Students
Endsleigh Street, London WC1
The Liberal Jewish Synagogue (similar to American ‘Reform’)
28 St. John’s Wood Road, London NW8
Tube: St. John’s Wood
West London Synagogue (Reform – closest to American ‘Conservative’)
33 Seymour Place, London W1
Tube: Marble Arch
Western Marble Arch Synagogue (United Synagogue)
32 Great Cumberland Place, London W1
Tube: Marble Arch
Euracom Booking Agreement

Student of (Oberlin College) in London, January 2014

Please read this agreement in full before signing and returning. This is a legally binding document.

This temporary accommodation licence agreement is made between the following parties:

1. Euracom, Suite 1 Stanmore Towers, 8-14 Church Road Stanmore Middlesex HA7 4AW
   020 8420 7666 or 020 8954 4128 joe@euracom.co.uk (“the Agent”)

   (For the purposes of this agreement, Euracom is acting in its sole capacity as Agent for the landlord.)

2. The occupier

   ____________________________________________ (Name)
   ____________________________________________ (Address)
   ____________________________________________
   ____________________________________________
   ____________________________________________ (Telephone Number)
   ____________________________________________ (Mobile Number)
   ____________________________________________ (Email) (“the occupant”)

Both the Agent and the occupier understand and accept the following terms and conditions of this Booking Agreement:

1. The Agent agrees to let and the occupier agrees to take a licence in the form annexed to this booking form at Annex 1 (“the temporary licence agreement.”)

2. The Licence will commence on 29th January 2014 and terminate on 5th May 2014

3. The Rent payable under the terms of the Licence will be £198.00 per Occupier per week inclusive of utilities.
4. The exact number of Occupiers to occupy the Premises will be noted on the Licence Agreement, before the commencement of the Term under the Licence Agreement.

5. The Agent will advise the occupier of the address and telephone number of the Premises and exact weekly Rent (per Occupier) payable under the Licence Agreement as soon as practicable after the exact number of Occupiers to occupy the Premises under the Licence Agreement in accordance with clause 4 above has been determined.

6. The Agent reserves the right to provide the occupier with details of alternative Premises to which the Licence Agreement will relate at any time after the Agent has notified the occupier of the address of the Premises in accordance with clause 5 above and before (or during) the Term. Following the exercise of this right the Agent will immediately notify the occupier of the address and telephone number of the alternative Premises.

7. A Deposit of £550.00 is payable under the terms of the Licence Agreement.

8. The words Occupier(s), Premises, Rent, Rent Deposit, Term, Utilities have the meanings ascribed to them in the Licence Agreement.

9. There is no provision for changing the Premises by the occupant for any reason prior to the commencement of the Term under the Licence Agreement.

10. There is no provision for cancelling this agreement once signed and countersigned.

11. The Premises is strictly rented to the occupant and only the Occupiers are permitted to occupy the Premises. Overnight guests other than the Occupiers are not permitted to occupy the Premises.

12. All terms and conditions included herein take effect on the date of countersignature.

13. By entering the payment details below the occupant authorises the Agent to debit its payment card in accordance with the terms of the Licence Agreement.

<table>
<thead>
<tr>
<th>Card Number (Mastercard or Visa)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Expiry Date</td>
</tr>
<tr>
<td>3 Digit Security Code</td>
</tr>
</tbody>
</table>
By signing and dating this Booking Agreement, the Occupant and Agent both understand and accept all terms and conditions stated in this document.

Signed _______________________________ (Agent) Date _______________________

ANNEX 1

Temporary accommodation licence agreement

This Agreement is made in July 2013

For a Licence which commences on the 29th January 2014

BETWEEN

(1) EURACOM of Suite 1, Stanmore Towers 8-14 Church Road Stanmore Middlesex HA7 4AW (hereinafter called “the Landlord” which expression shall include the successors in title of the Landlord and any other person entitled to the reversion expectant on this tenancy); and

(2) a student of (Oberlin College) (hereinafter called “the occupant”)

NOW IT IS AGREED as follows:

1 Definitions and interpretation

In this agreement:

1.1 “the Contents” means the furniture and other items included within the Premises at the commencement of the Term and which belong to the Landlord

1.2 “the Deposit Payment Date” shall mean the week commencing 2nd December 2013
1.3 “the Occupier” means: sharing with other occupiers under the licence agreement

1.4 “the Premises” means the flat allocated as per point 5 (or 6) of the booking agreement.

1.5 “the Rent” means the rent of £198.00 per week per Occupier as listed in clause 1.3 above and “the Rents” shall mean the Rent together with any other sum that is or becomes payable by the Tenant under this Tenancy

1.6 “the Rent Deposit” shall mean the sum of £550.00

1.7 “the Second Payment Collection Date” Not applicable

1.8 “the Utilities” means all rates (including water rates) taxes (including council tax) duties assessments impositions and other outgoings which are now or may in the future be assessed charged or imposed on the Premises and which shall include telephone/internet rental charges

1.9 for the purposes of Section 48 of the Landlord and Tenant Act 1987 the Landlord’s address for service of notices (including notices of proceedings) shall be that stated above or such other address as the Landlord shall notify the occupant in writing from time to time

1.10 words importing one gender shall be construed as importing any other gender and words importing the singular shall be construed as importing the plural and vice versa

1.11 where any party comprises more than one person the obligations and liabilities of that party under this agreement shall be joint and several obligations and liabilities of those persons

1.12 the clause headings do not form part of this licence and shall not be taken into account in its construction or interpretation

2 Licence

2.1 The Landlord agrees to let, and the occupant agrees to take the Premises for a fixed term of 13 weeks and 5 nights commencing on and including 29th January 2014 and terminating on 5th May 2013 (“the Term”)

2.2 The occupant acknowledges that the licence granted by this agreement is not an assured Tenancy and that no statutory periodic tenancy will arise on the determination of the Term.

3 Payment for the Premises

3.1 The deposit for the Premises shall be payable by Amex, MasterCard or Visa credit or debit card or such other credit or debit card as the Landlord may notify in writing to the occupant or by such other method as the Landlord shall specify in writing

3.2 All credit card payments and non-UK debit card payments made by the occupant in respect of the Rents payable are subject to a 3.5 per cent administration charge (“the Administration Charge”)

3.3 The Rent is calculated on the basis that each and every Occupier occupies the Premises throughout the Term and the occupant will be liable for his/her individual obligation for the Rent throughout the Term notwithstanding the fact that any Occupier(s) fails to occupy the Premises for the Term or leaves the Premises before the end of the Term or occupies the Premises for part only of the Term

4 The occupant’s obligations

The occupant agrees throughout the Term as follows:

4.1 Rent and other outgoings
4.1.1 To pay to the Landlord on the First Payment Collection Date the following sums in the manner referred to above:

4.1.1.1 the Rent Deposit of £550.00

4.1.1.2 the Administration Charge on the sums payable as outlined in this clause 4.1.1 if applicable

4.1.3 To pay to the Landlord a surcharge of £30 in respect of each and every payment made by the Tenant which is processed incorrectly by the Tenant or which fails due to insufficient funds or which transaction does not complete or fails to be made for any reason

4.2 Use of Premises

Not to use the Premises except as a private residence for temporary residential purposes for occupation by the Occupiers and not to operate a business at the Premises or use the Premises for any other purpose

4.3 Nuisance

Not to cause or allow invited visitors to cause a nuisance or annoyance to neighbours or other tenants of the Landlord

4.4 Noise

Not to play or allow to be played any radio television record or tape recording or musical instrument so loudly that it causes a nuisance or annoyance to neighbours or can be heard outside the Premises

4.5 Illegal or immoral user

Not to use the Premises for any illegal or immoral purposes or permit the Premises to be so used

4.6 Pets

Not to keep any pets at the Premises

4.7 Internal decoration

4.7.1 To keep the interior of the Premises in good decorative order and to keep the interior and windows of the Premises in good and clean condition and to keep drains and pipes clean and clear from obstruction.

4.7.2 Not to paint or re-paper or change the colour scheme of the interior of the Premises

4.8 Damage

Not to cause any damage to the Premises and to make good any damage to the Premises or the Landlord’s fixtures and fittings or to the common parts of the building in which the Premises is situated caused by the occupants or any invited visitor to the Premises (damage by risks against which the Landlord has insurance excepted unless any insurance monies are irrecoverable due to the act or default of the occupant or its visitors) and to pay any costs incurred by the Landlord carrying out such works in default

4.9 Reporting disrepair

To report to the Landlord or Agent promptly in writing any disrepair or defect in the structure or exterior of the Premises or in any installation in the Premises or in the common parts of the building in which the Premises is situated

4.10 Access

4.10.1 To allow the Landlord’s employees agents or contractor’s access at all reasonable hours of the daytime to inspect the condition of the Premises or to carry out repairs or other works to the Premises or adjoining Premises, notice normally being given in such circumstances unless there is an emergency and immediate access is required

4.10.2 To allow the Landlord’s employees or agents access at all reasonable hours of the daytime to view the Premises with prospective tenants or purchasers of the Premises
4.11 **Assignment and sharing**

Not to assign this Licence and not to assign transfer sublet or otherwise part with possession of the Premises or any part of them to any other person.

4.12 **Posters**

Not to affix posters signs or notices on the exterior of the Premises or on the interior of the Premises which are visible from the exterior of the Premises and not to hang on the balcony (if any) of the Premises any clothes or other items.

4.13 **Alterations**

Not to make or permit to be made any alterations to the Premises.

4.14 **Common parts**

Not to do anything or permit anything to be done that interferes with the use of the common parts of the building in which the Premises is situated and in particular not to store any goods in such common parts.

4.15 **Moving out**

To give the Landlord vacant possession of the Premises and Contents by 10.00am on the date the Term ends and return the keys of the Premises at the end of the Licence and remove all items belonging to the Occupier including his personal possessions and rubbish and leave the Premises and the Landlord’s fixtures and fittings in good and substantial condition and repair and to pay to the Landlord the cost of repairing or replacing any damaged or missing parts of the Premises or any of the Landlord’s fixtures and fittings.

4.16 **Contents**

To maintain the Contents and keep them in good condition (except to the extent their condition deteriorates as a result of fair and ordinary use) must make sure they are not damaged and must not remove them from the Premises.

4.17 **Regulations for the Premises**

made from time to time by the Landlord for the management or improvement of the Premises.

4.18 **Insurance**

Not do anything, or fail to comply with any requirement, as a result of which the policy of insurance taken out by the Landlord in relation to the Premises and the Contents may become void or voidable or invalidated or by which the rate of premium on the policy may be increased.

4.19 **Smoking**

Not to smoke anywhere within the Premises or permit anyone to smoke within the Premises.

5 **The Landlord’s obligations**

The Landlord agrees:

5.1 **Possession**

To give the occupant possession of the Premises at the commencement of the Licence and to refuse access to the property at any time for individuals who are not named on the Agreement.

5.2 **Occupant’s right to occupy**

Not to interrupt or interfere with the occupant’s right peacefully to occupy the Premises except where access is required to inspect the condition of the Premises or to carry out repairs or other works to the Premises or adjoining Premises. The landlord will ensure that all appliances are safe and working properly. The landlord or agent will respond promptly to any maintenance issues that require attention and keep the occupant/s informed of progress.
6  **Proviso for re-entry**

If the Rents or any parts thereof shall be in arrears for at least 14 days after it has become due (whether legally demanded or not) or if there shall be a breach of any of the provisions of this Agreement by the occupant the Landlord may re-enter the Premises and immediately the Licence shall terminate without prejudice to the rights and remedies of either party to each other.

7  **Rent Deposit**

7.1 The occupant has on the execution of this Licence deposited with the Landlord the Deposit (the receipt whereof the Landlord hereby acknowledges) in order to secure the due observance and performance by the occupant of the provisions of this Licence.

7.2 At the end of the Licence the Landlord shall be entitled to withhold from the Deposit such proportion of the Rent Deposit as may be reasonably necessary to:

7.2.1 make good any damage to the Premises or the contents therein (except for fair wear and tear);
7.2.2 replace any of the contents which may be missing from the Premises;
7.2.3 cover any expenses in relation to the cleaning of the Premises which may become necessary;
7.2.4 cover any expenses incurred by the Landlord as a result of any breach of the occupant’s obligations under this agreement; and

7.3 The Deposit is held by the Landlord

7.4 The Landlord shall inform the occupant within eight weeks of the Licence ending if the Landlord intends to withhold all or part of the Rent Deposit in accordance with clause 7.2.

7.5 Within eight weeks of the expiry of the Term the Landlord will refund the deposit less any deductions as referred to above and credit the Tenant’s credit or debit card account used by the occupant to make payments in accordance with this agreement.

8  **Compliance with agreement**

The occupant and the Landlord agree with each other to comply with the requirements of this agreement.

9.  **Third Party Rights**

It is not intended that any term of this Licence shall be enforceable by any third party under Section 1 of the Contracts (Rights of Third Parties) Act 1999

AS WITNESS WHEREOF the parties have hereunto executed this document on the date first above written.